

2nd Multidisciplinary International Musculoskeletal Pain Congress cum 11th Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management

12 - 14 April 2024 (Friday - Sunday) • Hong Kong

Programme

Day 1: 13 April 2024 (Saturday)

08:45 – 09:00	Registration			
09:00 – 09:15	Room S421			
	Opening Remarks Carina Li / Gavin Lee			
09:15 – 10:15	Plenary Session (1) Chairs: Carina Li and Gavin Lee			
	Knee Denervation: What Do We Learn from Last 12 Year Philip Peng, Canada (Specialty in Anaesthesiology / PM)			
	Fascia – The Latest Understanding in MSK Health Ingrid Moller, Spain			
10:15 - 10:45	Break and Exhibition			
10:45 - 12:15	Room S421	Room S426 - 427	Room S425	Room S428
	Opioid / Cannabinoid / Gabapentinoid Chair: Philip Peng	From Degeneration to Regeneration Chairs: Julia Chan and Rajesh Singh	Workshop (W1): Ultrasound Guided Knee Injection and Regeneration Therapy	
	Legalisation of Cannabinoid: Thailand Perspective Sasikaan Nimmaanrat, Thailand	Osteoarthritis: Pathogenesis Ka-lai Lee, Hong Kong	Sang-hoon Lee, Korea (Specialty in Radiology)	
	The Updated Guidelines on Cervical and Lumbar Spinal Pain Arun Bhaskar, UK	Update on Potential Armamentarium in OA Julia Chan, Hong Kong		
		Latest Advances in Joint Replacement Peter Chiu, Hong Kong		
12:15 - 13:15	Lunch Break			
13:15 - 14:45	New Biologic Targets in Treatment of MSK Diseases Chair: Gavin Lee	Neurology/Rehabilitation Chairs: Yuk-fai Cheung and Tsz-kin Kwok	Workshop (W2): Headache Interventions (Botox, Occipital Nerve Block, SON/ION, TMJ)	Workshop (W3): PENG Block and Hip Denervation for Hip Pain
	New Biologic Targets in the Management of Rheumatoid Arthritis (RA) Iris Tang, Hong Kong	Robotic Training in Rehabilitation Tsz-kin Kwok, Hong Kong	Samer Narouze, USA (Specialty in Anaesthesiologist / PM) *pre-recorded lecture*	Wing-sang Chan, Hong Kong (Specialty in Anaesthesiology / PM)
	New Biologic Targets in the Treatment of Psoriatic Arthritis (PsA) Lai-shan Tam, Hong Kong	Migraine Treatment Updates Sing-ngai Cheung, Hong Kong		
	New Biologic Targets for Managing Children with Arthritis Kai-ning Cheong, Hong Kong	Ultrasound Guided Botox Injection for Back Pain Sang-hoon Lee, Korea		
14:45 - 15:15	Break and Exhibition			
15:15 - 16:00	Room S421			
	Plenary Session (2) MSK Health in Community: Combating MSK Pain Problems in Community Level Chair: Gavin Lee			
	Fei-chau Pang, Commissioner for Primary Healthcare, Health Bureau, Government of the Hong Kong SAR Ben Fong, Professor of Practice (Health Studies) and Associate Division Head, The Hong Kong Polytechnic University, Hong Kong			
16:00 - 17:30	Room S421	Room S426 - 427	Room S425	
	MSK Health in Community Services: Panel Discussion Chairs: Ben Fong and Carina Li	Mixed / Central Neuropathic Pain Chairs: Steven Wong and Norman Law	Workshop (W4): Ultrasound Guided Shoulder Denervation for Shoulder Pain: An Update	
	NGOs: HK Society of Rehabilitation Zita Man, Hong Kong	Local Experiences in Neuromodulation PBL Cases Discussion Timmy Chan, Hong Kong	Philip Peng, Canada (Specialty in Anaesthesiology / PM)	
	District Health Center Alex Chau, Hong Kong	Role of Gut Microbiome in MSK and Neuropathic Pain Via Vagus Nerve Neuromodulation Athmaja Thottungal, UK		
	Charity Foundation Gavin Lee, Hong Kong	MSK Pain Treated with PRP Injection Guided by US Joe Xiao, Mainland China		
	Panel Discussion			

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Day 2: 14 April 2024 (Sunday)

07:30 - 09:00	Workshop (5): Pose Method Running Wai-kin Wong, Hong Kong (Victoria Harbour Front, Golden Bauhinia Square, G/F. Phase 2, HKCEC)		
08:45 - 09:00	Registration		
09:00 - 09:30	Room S421 Plenary Session (3) Chairs: Mary Chu and Carina Li Artificial intelligence (AI) in Biomedical Ultrasound Yongping Zheng, Hong Kong		
09:30 - 11:00	Room S421 Innovative Technology in MSK Health Chairs: Peter Siu and Yongping Zheng AR/VR in the Management of MSK Pain & Rehabilitation Timothy Wu, Hong Kong VR Assisted Therapy for Chronic Pain Patients Regina Sit, Hong Kong AI Programme to Teach and Monitor Stroke Patients Rehabilitation Exercises Lavinia Wong, Hong Kong Interactive Mixed Reality (MR) Hypnosis in Pain Management Man-chun Wong, Hong Kong	Room S426 - 427 MSK Health & Nutrition Chair: Grace Hui Managing Pain through Nutrition Sally Poon, Hong Kong Intermittent Fasting 2.0 Carmen Ho, Hong Kong Vitamin D and Omega-3 Gavin Lee, Hong Kong	Room S428 Workshop (W7): USG Denervation Pain Procedure for Hip Fracture and OA Hip Pain (with US live scanning techniques) Sumire Sasaki, Hong Kong (Specialty in Anaesthesiology)
	11:00 - 11:20 Break and Exhibition		
11:20 - 12:50	Room S421 MSK Health in Sportsman Chairs: Chi-yeung Chu and Rajesh Singh Concussion George Pitsis, Australia Principles of Tendon Disorders in the Athlete-thinking Anatomy with MSK US Rajesh Singh, Malaysia Use of Orthobiologics in Sports Injuries – Magic or Myth? Wilson Li, Hong Kong	Room S426 - 427 MSK Health and Active Living Chair: Mary Chu Promoting Active Living: A Nurse's Guide to Encouraging Active Lifestyles Flori Lam, Hong Kong Use of Health Qigong by OT to Reduce MSK Pain and Promote Active Living Priscilla Siu, Hong Kong Physiotherapy Exercise Prescriptions for Low Back Pain Subgroups Sharon Tsang, Hong Kong	Room S428 Workshop (W8): POC US in Resuscitation and LA Toxicity CPR Afifi Arshad, Malaysia (Specialty in Anaesthesiology / PM) Aaron Ying, Hong Kong (Specialty in Anaesthesiology)
	12:50 - 14:00 Lunch Break		
14:00 - 14:45	Room S421 Plenary Session (4): Pain Medicine Updates Chair: Aaron Ying Keys to Innovation, Can We Do Better Ban Tsui, USA Sciences and Practice in Neural Modulation for Patients with Non-cancer Pain Arun Bhaskar, UK		
	14:45 - 15:15 Break and Exhibition		
15:15 - 16:15	Room S426 - 427 MSK US PM Master Class with Pathologies (A) – Head to Toe Scan Station MC 1 – MC 7	Room S428 MSK US PM Master Class with Pathologies (A) – Head to Toe Scan Station MC 8 – MC 12	
	MSK US PM Master Class with Pathologies (B) – Head to Toe Scan Station MC 1 – MC 7	MSK US PM Master Class with Pathologies (B) – Head to Toe Scan Station MC 8 – MC 12	
16:20 - 17:20	MSK US PM Master Class with Pathologies (B) – Head to Toe Scan Station MC 1 – MC 7	MSK US PM Master Class with Pathologies (B) – Head to Toe Scan Station MC 8 – MC 12	

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Station	Topic
MC1	Cervicogenic Headache: Greater Occipital Nerve, Cervical Spine and Facets Joint, Cervical Plexus (Wing-sang Chan, Hong Kong (Specialty in Anaesthesiology) (Jeffrey Ip, Hong Kong (Specialty in Anaesthesiology)
MC2	Medial Branch Cervical Facets Nerve, Stellate Ganglion (Athmaja Thottungal, UK (Specialty in Anaesthesiology) (Aaron Ying, Hong Kong (Specialty in Anaesthesiology)
MC3	Upper Limb (UL): Cervical Nerve Roots and Brachial Plexus (Sang-hoon Lee, Korea (Specialty in Radiology)
MC4	Shoulder: Suprascapular Nerve, Dorsal Scapular nerve, Shoulder Basic (Afifi Arshad, Malaysia (Specialty in Anaesthesiology) (Carina Li, Hong Kong (Specialty in Anaesthesiology / PM)
MC5	Shoulder Dynamic Scan with Pathologies (Rajesh Singh, Malaysia (Specialty in Orthopaedics & Traumatology)
MC6	Elbow and Related Nerve (Carmen Ho, Hong Kong (Specialty in Rheumatology)
MC7	Hand and Wrist (Finger and Synovium) (Gavin Lee, Hong Kong (Specialty in Rheumatology) (Catherine Yuen, Hong Kong (Specialty in Rheumatology)
MC8	Truncal Pain - Thoracic Spinal, Paravertebral, Intercostal Nerve, TAP (Penafrancia Cano, Philippines (Specialty in Anaesthesiology) (Ban Tsui, USA (Specialty in Anaesthesiology)
MC9	Deep Gluteal Pelvic Pain and Related Nerve (Pudendal, Piriformis, and Obturator Internus) (Philip Peng, Canada (Specialty in Anaesthesiology / PM)
MC10	Sacroiliac Joint, Hip and Thigh Pain (TFL/ITB and Hamstring) Dynamic Assessment (Peter Siu, Hong Kong (Specialty in Orthopaedics & Traumatology)
MC11	Knee Dynamic Assessment (Chi-Yeung Chu, Hong Kong (Specialty in Radiology)
MC12	Foot and Ankle Basic (Ryan Lee, Hong Kong (Specialty in Radiology) (Priscilla Wong, Hong Kong (Specialty in Rheumatology)