

2nd Multidisciplinary International Musculoskeletal Pain Congress cum 11th Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management

12 – 14 April 2024 (Friday – Sunday) • Hong Kong

Programme

Day 1: 13 April 2024 (Saturday)

08:45 – 09:00	Registration			
09:00 – 09:15	Room S421			
	Opening Remarks Carina Li / Gavin Lee			
09:15 – 10:15	Plenary Session (1) Chairs: Carina Li and Gavin Lee Knee Denervation: What Do We Learn from Last 12 Year Philip Peng, Canada (Specialty in Anaesthesiology and Pain Medicine) Fascia – The Latest Understanding in MSK Health Ingrid Moller, Spain			
10:15 – 10:45	Break and Exhibition			
10:45 – 12:15	Room S421	Room S426 - 427	Room S425	Room S428
	Opioid / Cannabinoid / Gabapentinoid Chair: Philip Peng The Science and Pharmacology Behind Opioid Versus Cannabinoid for Pain Samer Narouze, USA Legalisation of Cannabinoid: Thailand Perspective Sasikaan Nimmaanrat, Thailand The Updated Guidelines on Cervical and Lumbar Spinal Pain Arun Bhaskar, UK	From Degeneration to Regeneration Chairs: Julia Chan and Rajesh Singh Osteoarthritis: Pathogenesis Ka-lai Lee, Hong Kong Update on Potential Armamentarium in OA Julia Chan, Hong Kong Latest Advances in Joint Replacement Peter Chiu, Hong Kong	Workshop (W1): Ultrasound Guided Knee Injection and Regeneration Therapy Sang-hoon Lee, Korea (Specialty in Radiology)	
12:15 – 13:15	Lunch Break			
13:15 – 14:45	New Biologic Targets in Treatment of MSK Diseases Chair: Gavin Lee New Biologic Targets in the Management of Rheumatoid Arthritis (RA) Iris Tang, Hong Kong New Biologic Targets in the Treatment of Psoriatic Arthritis (PsA) Lai-shan Tam, Hong Kong New Biologic Targets for Managing Children with Arthritis Kai-ning Cheong, Hong Kong	Neurology/Rehabilitation Chairs: Yuk-fai Cheung and Tsz-kin Kwok Robotic Training in Rehabilitation Tsz-kin Kwok, Hong Kong Migraine Treatment Updates Sing-ngai Cheung, Hong Kong Ultrasound Guided Botox Injection for Back Pain Sang-hoon Lee, Korea	Workshop (W2): Headache Interventions (Botox, Occipital Nerve Block, SON/ION, TMJ) Samer Narouze, USA (Specialty in Anaesthesiology)	Workshop (W3): PENG Block and Hip Denervation for Hip Pain
14:45 – 15:15	Break and Exhibition			
15:15 – 16:00	Room S421			
	Plenary Session (2) MSK Health in Community: Combating MSK Pain Problems in Community Level Chair: Gavin Lee Fei-chau Pang, Commissioner for Primary Healthcare, Health Bureau, Government of the Hong Kong SAR Ben Fong, Professor of Practice (Health Studies) and Associate Division Head, The Hong Kong Polytechnic University, Hong Kong			
16:00 – 17:30	Room S421	Room S426 - 427	Room S425	
	MSK Health in Community Services: Panel Discussion Chairs: Ben Fong and Carina Li NGOs: HK Society of Rehabilitation Zita Man, Hong Kong District Health Center Alex Chau, Hong Kong Charity Foundation Gavin Lee, Hong Kong Panel Discussion	Mixed / Central Neuropathic Pain Chairs: Steven Wong and Norman Law Local Experiences in Neuromodulation PBL Cases Discussion Timmy Chan, Hong Kong Role of Gut Microbiome in MSK and Neuropathic Pain Via Vagus Nerve Neuromodulation Athmaja Thottungal, UK MSK Pain Treated with PRP Injection Guided by US Joe Xiao, Mainland China	Workshop (W4): Ultrasound Guided Shoulder Denervation for Shoulder Pain: An Update Philip Peng, Canada (Specialty in Anaesthesiology and Pain Medicine)	

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Day 2: 14 April 2024 (Sunday)

07:30 – 09:00	Workshop (5): Pose Method Running Wai-kin Wong, Hong Kong (Victoria Harbour Front, Golden Bauhinia Square, G/F. Phase 2, HKCEC)			
08:45 - 09:00	Registration			
09:00 - 09:30	Room S421 Plenary Session (3) Chairs: Mary Chu and Carina Li Artificial intelligence (AI) in Biomedical Ultrasound Yongping Zheng, Hong Kong			
09:30 - 11:00	Room S421	Room S426 - 427	Room S425	Room S428
	Innovative Technology in MSK Health Chairs: Peter Siu and Yongping Zheng AR/VR in the Management of MSK Pain & Rehabilitation Timothy Wu, Hong Kong VR Assisted Therapy for Chronic Pain Patients Regina Sit, Hong Kong AI Programme to Teach and Monitor Stroke Patients Rehabilitation Exercises Lavinia Wong, Hong Kong Interactive Mixed Reality (MR) Hypnosis in Pain Management Man-chun Wong, Hong Kong	MSK Health & Nutrition Chair: Grace Hui Managing Pain through Nutrition Sally Poon, Hong Kong Intermittent Fasting 2.0 Carmen Ho, Hong Kong Vitamin D and Omega-3 Gavin Lee, Hong Kong	Workshop (W6): Health Qigong Mary Chu, Hong Kong (Occupational Therapist)	Workshop (W7): USG Denervation Pain Procedure for Hip Fracture and OA Hip Pain (with US live scanning techniques) Sumire Sasaki, Hong Kong (Specialty in Anaesthesiology)
11:00 - 11:20	Break and Exhibition			
11:20 - 12:50	Room S421	Room S426 - 427	Room S428	
	MSK Health in Sportsman Chairs: Chi-yeung Chu and Rajesh Singh Sport Medicine George Pitsis, Australia Principles of Tendon Disorders in the Athlete-thinking Anatomy with MSK US Rajesh Singh, Malaysia Use of Orthobiologics in Sports Injuries – Magic or Myth? Wilson Li, Hong Kong	MSK Health and Active Living Chair: Mary Chu Promoting Active Living: A Nurse's Guide to Encouraging Active Lifestyles Flori Lam, Hong Kong Use of Health Qigong by OT to Reduce MSK Pain and Promote Active Living Priscilla Siu, Hong Kong Physiotherapy Exercise Prescriptions for Low Back Pain Subgroups Sharon Tsang, Hong Kong	Workshop (W8): POC US in Resuscitation and LA Toxicity CPR Afifi Arshad, Malaysia (Specialty in Anaesthesiology / PM) Aaron Ying, Hong Kong (Specialty in Anaesthesiology)	
12:50 - 14:00	Lunch Break			
14:00 - 14:45	Room S421			
	Plenary Session (4): Pain Medicine Updates Chair: Aaron Ying Headache Patient Evaluation by Pain Physician: What Not to Miss Samer Narouze, USA Sciences and Practice in Neural Modulation for Patients with Non-cancer Pain Arun Bhaskar, UK			
14:45 – 15:15	Break and Exhibition			
15:15 – 16:15	Room S426 - 427		Room S428	
	MSK US PM Master Class with Pathologies (A) – Head to Toe Scan Station MC 1 – MC 7		MSK US PM Master Class with Pathologies (A) – Head to Toe Scan Station MC 8 – MC 12	
16:20 – 17:20	MSK US PM Master Class with Pathologies (B) – Head to Toe Scan Station MC 1 – MC 7		MSK US PM Master Class with Pathologies (B) – Head to Toe Scan Station MC 8 – MC 12	

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Station	Topic
MC1	Cervicogenic Headache: Greater Occipital Nerve, Cervical Spine and Facets Joint, Cervical Plexus (Samer Narouze, USA (Specialty in Anaesthesiology))
MC2	Medial Branch Cervical Facets Nerve, Stellate Ganglion (Carina Li, Hong Kong (Specialty in Anaesthesiology / Pain)) (Aaron Ying, Hong Kong (Specialty in Anaesthesiology))
MC3	Upper Limb (UL): Cervical Nerve Roots and Brachial Plexus (Sang-hoon Lee, Korea (Specialty in Radiology))
MC4	Shoulder: Suprascapular Nerve, Dorsal Scapular nerve, Shoulder Basic (Afifi Arshad, Malaysia (Specialty in Anaesthesiology)) (Athmaja Thottungal, UK (Specialty in Anaesthesiology))
MC5	Shoulder Dynamic Scan with Pathologies (Rajesh Singh, Malaysia (Specialty in Orthopaedics & Traumatology))
MC6	Elbow and Related Nerve (Carmen Ho, Hong Kong (Specialty in Rheumatology))
MC7	Hand and Wrist (Finger and Synovium) (Gavin Lee, Hong Kong (Specialty in Rheumatology))
MC8	Truncal Pain - Thoracic Spinal, Paravertebral, Intercostal Nerve, TAP (Penafrancia Cano, Philippines (Specialty in Anaesthesiology))
MC9	Deep Gluteal Pelvic Pain and Related Nerve (Pudendal, Piriformis, and Obturator Internus) (Philip Peng, Canada (Specialty in Anaesthesiology and Pain)) (Jeffrey Ip, Hong Kong (Specialty in Anaesthesiology))
MC10	Sacroiliac Joint, Hip and Thigh Pain (TFL/ITB and Hamstring) Dynamic Assessment (Peter Siu, Hong Kong (Specialty in Orthopaedics & Traumatology))
MC11	Knee Dynamic Assessment (Chi-Yeung Chu, Hong Kong (Specialty in Radiology))
MC12	Foot and Ankle Basic (Ryan Lee, Hong Kong (Specialty in Radiology))