

# 2<sup>nd</sup> Multidisciplinary International Musculoskeletal Pain Congress cum 11<sup>th</sup> Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management

12 – 14 April 2024 (Friday – Sunday) • Hong Kong

## Programme

Day 0: 12 April 2024 (Friday)

Time / Venue	Pre-congress MSK Ultrasound Workshop Venue: S421, Phase I (Old Wing), HKCEC	Refresher US Regional Anaesthesia (RA) Course Co-organized by Hong Kong Pain Society (for Anaesthesiologist and Pain Medicine Practitioners) Venue: S426 - 7, Phase I (Old Wing), HKCEC
09:30 – 10:00	Registration	
10:00 – 11:30	<b>MSK Hands-on Ultrasound &amp; Pain Workshop: Lectures</b> <b>Chair: Carina Li</b>  <b>MSK Lower Limbs</b>  <b>Lower Limbs 1 (LL3):</b> <b>Ankle, foot &amp; related nerves</b> Lisa Wong, Hong Kong (Specialty in Radiology)  <b>Lower Limbs 2 (LL2):</b> <b>Knee &amp; related nerves</b> Stella Wong, Hong Kong (Specialty in Rheumatology)  <b>Lower Limbs 3 (LL1):</b> <b>Hip &amp; related muscles &amp; related path</b> <b>(a): Sonoanatomy of hip</b> Peter Siu, Hong Kong  <b>(b): Pathologies</b> Rajesh Singh, Malaysia (Specialty in Orthopaedics & Traumatology)	<b>Regional Anaesthesia US Techniques for Common Surgeries and Live Demonstration Scanning (with Hands-on)</b> <b>Chairs: Man-shun Law and Jeffrey Ip</b>  <b>Serratus PEC, paravertebral, ESPB, QL for trunk surgeries</b> Penafrancia Cano, Philippines (Specialty in Anaesthesiology)  <b>US lower limb blocks for trauma and LL surgeries</b> Shahridan Fathil, Malaysia (Specialty in Anaesthesiology)  <b>Brachial Plexus, RA for upper limb surgeries</b> Sasikaan Nimmaanrat, Thailand (Specialty in Anaesthesiology)  <b>5 seconds scan for different Pain blocks head to toe live</b> Philip Peng, Canada (Specialty in Anaesthesiology / Pain Med)
11:30 – 11:50	Coffee Break	<b>Regional Anaesthesia Catheter Techniques</b>
11:50 – 12:00	<b>MSK Hands-on Ultrasound &amp; Pain Workshop:</b> <b>Hands-on Session on Lower Limbs (LL1 – LL3)</b>	Speaker TBC
12:00 – 12:40		<b>Hands-on Scanning US RA (Head to toe)</b>  Penafrancia Cano, Philippines (Specialty in Anaesthesiology) Shahridan Fathil, Malaysia (Specialty in Anaesthesiology) Sasikaan Nimmaanrat, Thailand (Specialty in Anaesthesiology) Athmaja Thottungal, UK (Specialty in Anaesthesiology)
12:40 – 13:20		Lunch Break
13:20 – 14:00	Lunch Break	
14:00 – 14:10		
14:10 – 15:40	<b>MSK Hands-on Ultrasound &amp; Pain Workshop: Lectures</b> <b>Chair: Gavin Lee</b>  <b>MSK Upper Limbs</b>  <b>Upper Limbs 1 (UL1):</b> <b>Shoulder &amp; related nerve</b> Ingrid Moller, Spain (Specialty in Rheumatology)  <b>Upper Limbs 2 (UL2):</b> <b>Elbow, wrist and hand &amp; related nerves</b> Carmen Ho, Hong Kong (Specialty in Rheumatology)  <b>Upper Limbs 3 (UL3):</b> <b>Spine &amp; sacral iliac joints</b> Carina Li, Hong Kong (Specialty in Anaesthesiology and Pain Medicine)	<b>Chronic Pain USG and Cancer Pain Interventions</b> <b>Venue: S426 - 7, Phase I (Old Wing), HKCEC</b>  <b>Chairs: Man-shun Law and Jeffrey Ip</b>  <b>Impact of Ultrasound in Pain Intervention</b> Philip Peng, Canada (Specialty in Anaesthesiology and Pain Medicine)  <b>Clinic Pearl of Interventional Cancer Pain Management</b> Arun Bhaskar, UK (Specialty in Anaesthesiology and Pain Medicine)  <b>Case Discussion</b> Arun Bhaskar, UK (Specialty in Anaesthesiology and Pain Medicine) Athmaja Thottungal, UK (Specialty in Anaesthesiology)
15:40 – 16:00	Coffee Break	
16:00 – 17:30	<b>MSK Hands-on Ultrasound &amp; Pain Workshop:</b> <b>Hands-on Session on Upper Limbs / Spine (UL1 – UL3)</b>	

Station	Topic (*30 minutes for each station. Limited to 8 participants each station)
<b>LL1</b>	<b>Hip &amp; related muscles</b> Rajesh Singh, Malaysia (Specialty in Orthopaedics & Traumatology) Peter Siu, Hong Kong (Specialty in Orthopaedics & Traumatology)
<b>LL2</b>	<b>Knee &amp; related nerves</b> George Pitsis, Australia (Specialist Sport & Exercise Physician) Stella Wong, Hong Kong (Specialty in Rheumatology)
<b>LL3</b>	<b>Ankle, foot &amp; related nerves</b> Lisa Wong, Hong Kong (Specialty in Radiology)
<b>UL1</b>	<b>Shoulder &amp; related nerve</b> Ingrid Moller, Spain (Specialty in Rheumatology) Gavin Lee, Hong Kong (Specialty in Rheumatology)
<b>UL2</b>	<b>Elbow, wrist and hand &amp; related nerve</b> Carmen Ho, Hong Kong (Specialty in Rheumatology) Stella Wong, Hong Kong (Specialty in Rheumatology)
<b>UL3</b>	<b>Spine &amp; sacral iliac joints</b> Carina Li, Hong Kong (Specialty in Anaesthesiology and Pain Medicine) Peter Siu, Hong Kong (Specialty in Orthopaedics & Traumatology)