

Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management (MSK US PM) 2018

30 November – 2 December 2018 • Hong Kong

When Clinicians Meet Scientists

Preliminary Scientific Programme

(As of 15 Nov 2018)

Pre-congress Courses – 30 November 2018 (Friday)

Pre-Congress Course A: Refresher Course in RA PM MSK (Beginner and Basic) Venue: The Hong Kong Polytechnic University		Pre-Congress Course B: Cadaveric Sonoanatomy Workshop (Intermediate and Advance) Venue: Surgical Skills Centre, the University of Hong Kong	
09:00 – 10:30	Basic Ultrasoundography and Clinical Application I – for beginners and allied health Ultrasound Imaging Basics Dr. Michael YING (Hong Kong)	09:00 – 09:25	Lecture 1: Ankle Anatomy Made Easy Dr. David BONG (Spain)
		09:25 – 09:50	Lecture 2: Wrist Pain Outside the Synovial Joint Dr. Andrew WAI (Hong Kong)
10:30 – 11:00	Coffee Break	09:50 – 10:10	Coffee Break
11:00 – 12:00	Basic Ultrasoundography and Clinical Application II in Musculoskeletal Medicine- Elastance and Update Assessments	10:10– 12:15	Workshop 1 * (3 Rotations)
	Ultrasound Elasticity Imaging and 3D Imaging Prof . Yong-ping ZHENG (Hong Kong)		S1 Hip/Ant Knee Anatomy and Scanning
12:00 – 12:30	Clinical MSK Ultrasound Imaging and Doppler Dr. Gavin Ka-wing LEE (Hong Kong)		S2 Post Knee/Ankle Anatomy and Scanning
			S3 Upper Limb Anatomy and Scanning
			S4 Spine Anatomy and Scanning
			S5 Neurovascular Systems
		S6 Ultrasound guided Interventions: injections, synovial or any tissue biopsy, suprascapular nerve block	
12:30 – 13:30	Lunch	12:15 – 13:45	Lunch
13:30 – 14:00	US Regional Anaesthesia and Nerve Blocks in Pain Medicine I	13:45 – 14:10	Lecture 3: Hip Pain Not from the Hip Prof. Ingrid MÖLLER (Spain)
Headache and Neck – GON/ TON/ Cervical Plexus & Nerve Root Dr. Sang-hoon LEE (Korea)			
14:00 – 14:30	Cervical Spine & Facets Intervention Techniques - Neck and Shoulder Pain (include RFA) Dr. Chih-peng LIN (Taiwan)		

14:30 – 15:00	MSK-US Upper Limb – Shoulder, Elbow, Wrist and related Nerves Dr. Ke-vin CHANG (Taiwan)			
15:00 – 15:30	Coffee Break	14:10 – 14:30	Coffee Break	
15:30 – 16:00	US Regional Anaesthesia and Nerve Blocks in Pain Medicine II MSK-US - Lower Limb Nerves Tracking Dr. Ke-vin CHANG (Taiwan)	14:30 – 16:45	Workshop 2 * (3 Rotations)	
16:00 – 16:30	Lumbosacral Spine –Lumbar Facets , SIJ/ QL/TAP/ Ilicus Psoas for Back Pain Dr. Chih-peng LIN (Taiwan)		S1	Hip/Ant Knee Anatomy and Scanning
16:30 – 17:00	Erector Spinae Plane Block in Chronic Thoracic Pain and Acute Lumbar Pain Dr. Philippe MACAIRE (Vietnam)		S2	Post Knee/Ankle Anatomy and Scanning
18:00 –	Faculty Dinner (by Invitation)		S3	Upper Limb Anatomy and Scanning
			S4	Spine Anatomy and Scanning
			S5	Neurovascular Systems
			S6	Ultrasound guided Interventions: injections, synovial or any tissue biopsy, suprascapular nerve block

*** List of Stations for Hands-on Cadaveric Sessions**

	Topics	Instructors
S1	Hip/Ant Knee anatomy and Scanning	Dr. Ingrid MOLLER (Spain), Dr. Stella WONG (Hong Kong)
S2	Post Knee/Ankle Anatomy and Scanning	Dr. David BONG (Spain), Dr. CH TO (Hong Kong),
S3	Upper Limb Anatomy and Scanning	Dr. Rajesh SINGH (Malaysia), Dr. Carrel YU (Hong Kong)
S4	Spine Anatomy and Scanning	A/Prof. Jackie HO (Singapore), Dr. Philip PENG (Canada)
S5	Neurovascular - Brachial Plexus	Prof. Dong-eon MOON (Korea) , Dr. Koon-man SIEH (Hong Kong)
S6	Ultrasound Guided Interventions: Injections, Synovial or any Tissue Biopsy, Suprascapular Nerve Block	Dr. Andrew WAI (Hong Kong), Dr. Priscilla WONG (Hong Kong)

Main Congress – 1 December 2018 (Saturday)

Venue: Regal Kowloon Hotel

Time	Programme		
07:00 – 07:45	<p>Tai Chi Programme Dr. Philip PENG (Canada) Mody Road Garden</p>		
07:30 - 08:00	Registration		Versailles I & II Foyer
08:00 – 08:10	Opening Speech Versailles I & II		
08:10 – 09:30	<p>Plenary Lecture 1: MSK US Applications and Cutting Edge Technology <i>Chairperson: Dr. Carmen HO (Hong Kong), Dr. Lizu XIAO (China)</i></p> <p>Visualize Fascia with Ultrasound Prof. Ingrid MÖLLER (Spain)</p> <p>MSK US Cutting Edge Technologies Prof. Yong-ping ZHENG (Hong Kong)</p> <p>Versailles I & II</p>		
09:30 - 10:00	Coffee Break & Exhibition Versailles I & II Foyer & Luxembourg II-III		
10:00 - 11:30	<p>Concurrent Session 1: MSK US Upper Limb – Cases Discussion & Interactive Session <i>Chairperson: Dr. Anthony NJO (Hong Kong)</i></p> <p>Shoulder Pain Dr. Rajesh SINGH (Malaysia)</p> <p>Wrist Pain Dr. Andrew WAI (Hong Kong)</p> <p>Gentleman with Atypical Elbow Pain with Arthritis Dr. Gavin Ka-wing LEE (Hong Kong)</p> <p>Versailles I & II</p>	<p>Concurrent Session 2: Back Pain – Dynamic Scan and Active Rehabilitation <i>Chairperson: Dr. Tsz Kin KWOK (Hong Kong)</i></p> <p>Sagittal Alignment of Spine - Pain , Disability and Instability Dr. Sheung-wai LAW (Hong Kong)</p> <p>Physical Therapy in Aging Spine - Muscle , Bone and Disc Mr. William Wai-lam WONG (Hong Kong)</p> <p>MSK Ultrasound Dynamic Assessment & Coaching for Cores Muscles Training Dr. Carina LI (Hong Kong)</p> <p>Montparnasse IV-VI</p>	<p>Concurrent Session 3: Lower Limb Pain in Sports Injury Calf and Ankle Pain <i>Chairperson: Dr. Philippe MACAIRE (Vietnam)</i></p> <p>Sports Injuries in the Calf, Ankle and Foot Dr. James LINKLATER (Australia), Dr. George PITSIS (Australia)</p> <p><i>* With Live-demonstration in Sportsman with Pathologists</i></p> <p>Luxembourg I</p>
11:30 - 13:00	<p>Lunch Symposium (Sponsored by <i>Novartis</i>) <i>Chairperson: Dr. Carina LI (Hong Kong)</i></p> <p>Advances in Management of Inflammatory Pain: Psoriatic Arthritis and Gouty Arthritis</p>		

Dr. Gavin Ka-wing LEE (Hong Kong), Dr. Tak-hin CHAN (Hong Kong)

Regal Court

13:00 - 14:30 Plenary Lecture 2: Town Hall Debates: Non-surgical Approaches of Knee Pain Management

Chairpersons: Dr. Sean LIN (Taiwan), Dr. Rajesh SIGNH (Malaysia)

Role of MRI in Non-surgical Approaches of Knee Pain Management

Dr. Sang-hoon LEE (Korea)

Ultrasound-guided Diagnosis and Intervention for Painful Knees: Sonoanatomy Revisited

Dr. Ke-vin CHANG (Taiwan)

Radiofrequency Ablation of the Knee

Dr. Philip PENG (Canada)

Versailles I & II

14:30 - 15:00 Coffee Break & Exhibition

Versailles I & II Foyer & Luxembourg II-III

15:00 - 16:30 Concurrent Session 4:

MSK US Lower Limb – Cases

Discussion & Interactive Session

Chairperson: Dr. James LINKLATER (Australia)

Ankle Pain

Dr. David BONG (Spain)

A Case of Severe Calf Soft Tissues

Sport Injury

Dr. Carina LI (Hong Kong)

Title: To be announce

Dr. Lisa WONG (Hong Kong)

Versailles I & II

Concurrent Session 5:

Sports Science and Pain

Chairperson: Dr. Sasikaan NIMMAANRAT (Thailand)

Nutrition for Sports Performance

Ms. Sally POON (Hong Kong)

Foam Roller

Mr. Ka-kit LIU (Hong Kong)

Yoga and Pain

Dr. Penelope SHAM (Hong Kong)

Montparnasse IV-VI

Concurrent Session 6:

Cancer Pain Management in Spine Metastasis –

Multidisciplinary Approach

Chairpersons: Dr. Derek Ping-hong WONG (Hong Kong), Dr. Yvonne YAU (Hong Kong)

Role of Radiotherapy in Management of Spinal Metastasis

Dr. Eva Wui-ming YEUNG (Hong Kong)

Radiological Interventions:

Cementoplasty , Vertebroplasty and Radiofrequency

Dr. Eric Ka-chai LAW (Hong Kong)

Spine Intervention – MISS in treatment of Spinal Metastasis

Dr. Koon-man SIEH (Hong Kong)

Non-Surgical Intervention for the Lumbar Radicular Pain and Spinal Canal Stenosis

Prof. Dong-eon MOON (Korea)

Luxembourg I

16:30 – 18:00

Plenary Lecture 3:

Chairpersons: Dr. Gavin Ka-wing LEE (Hong Kong), Dr. George PITSIS (Australia)

Advance in Minimal Spinal pain Interventions for Radicular Pain

Prof. Sang-chul LEE (Korea)

Clinical Management of Climbers Pain

Dr. Carina Ching-fan LI (Hong Kong)

Painful Summit Sharing

Mr. Wai-kin WONG (Hong Kong)

Luxembourg I

18:30 -20:30

Congress Dinner (Venue: TBC)

** Programme is subject to change without prior notice.*

Main Congress and Master Class - Head to Toe Scan – 2 December 2018 (Sunday)

Venue: Regal Kowloon Hotel

Time	Programme		
/	Wing Chun (07:30 – 08:30) Wing Chun Ip Chun Academy (Hong Kong) Mody Road Garden	Mindfulness Yoga (08:00 – 08:40) Dr. Penelope SHAM (Hong Kong) Luxembourg I	
08:30 - 09:00	Registration Versailles I & II Foyer		
09:00 - 10:30	Plenary Lecture 3: Osteoarthritis and Chronic Pain <i>Chairpersons: Dr. Carina LI (Hong Kong), Dr. Steven WONG (Hong Kong)</i> Osteoarthritis – Is It an Inflammatory Problem? Dr. Gavin Ka-wing LEE (Hong Kong) Bowen Therapy for Osteoarthritis Ms. Mary CHU (Hong Kong) Update of Pathophysiology of Chronic Pain after Acute Injury & Preemptive Treatment Dr. Philippe MACAIRE (Vietnam) New Frontiers in the Management of Post-op Pain (Multimodal Analgesia) (Sponsored by A. Menarini) Prof. Antonio MONTERO (Spain) Versailles I & II		
10:30 - 11:00	Coffee Break & Exhibition Versailles I & II Foyer & Luxembourg II-III		
11:00 - 12:30	Concurrent Session 7: MSK US Neck Pain – Cases Discussion & Interactive Session <i>Chairperson: Dr. George PITSIS (Australia)</i> Neck Pain from Rheumatologist's Perspective Dr. Carmen HO (Hong Kong) Role of MRI in Non-surgical Cervical Pain Management Dr. Sang-hoon LEE (Korea) US and/or Fluroscopic-Guided Intervention for Neck Pain Prof. Dong-eon MOON (Korea) Versailles I & II	Workshop (B): Spasticity Management WS: from Paediatric to Adult <i>Chairperson: Dr Yuk-fai CHEUNG (Hong Kong)</i> Hemifacial Spasm Management Dr. Windsor MAK (Hong Kong) Upper Limb Spasticity in Paediatrics Dr. Chun-hung KO (Hong Kong) Management of Spasticity of Lower Limb after Stroke Prof. Leonard LI (Hong Kong) Luxembourg I	Workshop (C): Pose Method Running (10:30 – 12:30) Running Gait Analysis with Exercise Drills Mr. Wai-kin WONG and Pose Specialist Team (Hong Kong) Tsim Sha Tsui Promenade

12:30 - 12:40	Closing Speech
12:40 - 13:30	Lunch (for Hands on Master Class MSKUSPM Participants)
13:30 - 15:00	Master Class - Head to Toe Scan #: (8 stations, 2 rotations) Montparnasse IV-VI
15:00 - 15:30	Coffee Break (for Hands on Master Class MSKUSPM Participants)
15:30 - 17:00	Master Class - Head to Toe Scan #: (8 stations, 2 rotations) (continued) Montparnasse IV-VI

Master Class - Head to Toe Scan (Volunteers with Real Pathologies) *Maximum to choose 4 stations*

Station	Instructors
1. Cervical Nerve Roots and Brachial Plexus & Common Entrapment Sites	Dr. Ke-vin CHANG (Taiwan), Dr. Sang-hoon LEE (Korea)
2. Shoulder and Related Nerve	Dr. Ryan LEE (Hong Kong) Dr. Rajesh SINGH (Malaysia)
3. Elbow and Wrist	Dr. Andrew WAI (Hong Kong) Dr. Carrel YU (Hong Kong)
4. Truncal Pain - Thoracic Spinal, ESB, Paravertebral, TAP, Intercostal Nerve	Dr. Carina LI (Hong Kong) Dr. Philippe MACAIRE (Vietnam) Dr. Sasikaan NIMMAANRAT (Thailand)
5. Hip and Perineal Pain (Posterior Hip) - Sacral Nerve Root, Pudendal Nerve, Piriformis	Dr. Tony NG (Hong Kong), Dr. Philip PENG (Canada)
6. Lumbar Plexus, Facets and Sacroiliac Joint	Dr. Chih-peng LIN (Taiwan) Prof. Dong-eon MOON (Korea)
7. Knee Dynamic Assessment	Dr. Carmen HO (Hong Kong) Prof. Ingrid MÖLLER (Spain) Dr. George PITSIS (Australia)
8. Foot, Ankle and Calf Basic	Dr. David BONG (Spain) Dr. Renaud GUIU (Vietnam) Dr. James LINKLATER (Australia)

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