

Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management (MSK US PM) 2018

30 November – 2 December 2018 • Hong Kong

When Clinicians Meet Scientists

Preliminary Scientific Programme

(As of 5 Oct 2018)

Pre-congress Courses – 30 November 2018 (Friday)

Pre-Congress Course A: Refresher Course in RA PM MSK (Beginner and Basic Certification) Venue: The Hong Kong Polytechnic University		Pre-Congress Course B: Cadaveric Sonoanatomy Workshop (Intermediate and Advance Certification) Venue: Surgical Skills Centre, the University of Hong Kong	
09:00 – 10:30	Basic Ultrasoundography and Clinical Application I – for beginners and allied health	09:00 – 09:25	Lecture 1: Ankle Anatomy Made Easy Dr. David BONG (Spain)
	Ultrasound Imaging Basics Dr. Michael YING (Hong Kong)	09:25 – 09:50	Lecture 2: Wrist Pain Outside the Synovial Joint Dr. Andrew WAI (Hong Kong)
10:30 – 11:00	Coffee Break	09:50 – 10:10	Coffee Break
11:00 – 12:00	Basic Ultrasoundography and Clinical Application II in Musculoskeletal Medicine- Elastance and Update Assessments	10:10– 12:15	Workshop 1 * (3 Rotations)
	Ultrasound Elasticity Imaging and 3D Imaging Prof. Yong-ping ZHENG (Hong Kong)		S1 Hip/Ant Knee anatomy and scanning
	Clinical MSK Ultrasound Imaging and Doppler Dr. Gavin Ka-wing LEE (Hong Kong)		S2 Post Knee/Ankle Anatomy and Scanning
	S3 Upper Limb Anatomy and Scanning		
	S4 Spine Anatomy and Scanning		
	S5 Neurovascular Systems		
12:00 – 12:30		S6 Ultrasound guided Interventions: injections, synovial or any tissue biopsy, suprascapular nerve block	
12:30 – 13:30	Lunch	12:15 – 13:45	Lunch
13:30 – 14:00	US Regional Anaesthesia and Nerve Blocks in Pain Medicine I	13:45 – 14:10	Lecture 3: Hip Pain Not from the Hip Prof. Ingrid MÖLLER (Spain)
	Headache and Neck – GON/ TON/ Cervical plexus & Nerve Root Dr. Sang-hoon LEE (Korea)		
14:00 – 14:30			
14:30 – 15:00	Cervical Spine & facets Intervention Techniques - Neck and shoulder pain (include RFA) Dr. Chih-peng LIN (Taiwan)		
	MSK-US Upper Limb – Shoulder, Elbow,		

	Wrist and related Nerves Dr. Ke-vin CHANG (Taiwan)		
15:00 – 15:30	Coffee Break	14:10 – 14:30	Coffee Break
15:30 – 16:00	US Regional Anaesthesia and Nerve Blocks in Pain Medicine II MSK-US - Lower Limb Nerves Tracking Dr. Ke-vin CHANG (Taiwan)	14:30 – 16:45	Workshop 2 * (3 Rotations) S1 Hip/Ant Knee anatomy and scanning S2 Post Knee/Ankle Anatomy and Scanning S3 Upper Limb Anatomy and Scanning S4 Spine Anatomy and Scanning S5 Neurovascular Systems S6 Ultrasound guided Interventions: injections, synovial or any tissue biopsy, suprascapular nerve block
16:00 – 16:30	Lumbosacral Spine –lumbar facets , SIJ/ QL/TAP/ ilacus Psoas for Back Pain Dr. Chih-peng LIN (Taiwan)		
16:30 – 17:00	Erector Spinae Plane Block in Chronic Thoracic Pain and Acute Lumbar Pain Dr. Philippe MACAIRE (Vietnam)		
18:00 –	Faculty Dinner (by Invitation)		

*** List of Stations for Hands-on Cadaveric Sessions (6 participants per Station)**

	Topics	Instructors
S1	Hip/Ant Knee anatomy and Scanning	Dr. Ingrid MOLLER (Spain), Dr. CH TO (Hong Kong), Dr. Catherine YUEN (Hong Kong)
S2	Post Knee/Ankle Anatomy and Scanning	Dr. David BONG (Spain), Dr. Stella WONG (Hong Kong), Dr. Carrel YU (Hong Kong)
S3	Upper Limb Anatomy and Scanning	Dr. Rajesh SINGH (Malaysia), Dr. Gavin Ka-wing LEE (Hong Kong)
S4	Spine Anatomy and Scanning	Prof. Dong-eon MOON (Korea) , Dr. Koon-man SIEH (Hong Kong)
S5	Neurovascular Systems	A/Prof. Jackie HO (Singapore), Dr. Philip PENG (Canada)
S6	Ultrasound Guided Interventions: Injections, Synovial or any Tissue Biopsy, Suprascapular Nerve Block	Dr. Carmen HO (Hong Kong), Dr. Priscilla WONG (Hong Kong)

Main Congress – 1 December 2018 (Saturday)

Venue: Regal Kowloon Hotel

Time	Programme		
07:00 – 07:45	<p align="center">Tai Chi Programme Dr. Philip PENG (Canada) Mody Road Garden</p>		
07:30 - 08:00	<p align="center">Registration</p>		
08:00 – 09:30	<p>Opening Speech</p> <p>Plenary Lecture 1: MSK US Applications and Cutting Edge Technology</p> <p>Visualize Fascia with Ultrasound Prof. Ingrid MÖLLER (Spain)</p> <p>MSK US Cutting Edge Technologies Prof. Yong-ping ZHENG (Hong Kong)</p> <p>Versailles I & II</p>		
09:30 - 10:00	<p align="center">Coffee Break & Exhibition Foyer & Luxembourg II-III</p>		
10:00 - 11:30	<p>Concurrent Session 1: MSK US Upper Limb – Cases Discussion & Interactive Session</p> <p>Shoulder pain Dr. Rajesh SINGH (Malaysia)</p> <p>Wrist Pain Dr. Andrew WAI (Hong Kong)</p> <p>Gentleman with a Typical Elbow Pain with Arthritis Dr. Gavin Ka-wing LEE (Hong Kong)</p> <p>Versailles I & II</p>	<p>Concurrent Session 2: Back Pain – Dynamic scan and Active Rehabilitation</p> <p>Sagittal Alignment of Spine - Pain , Disability and Instability Dr. Sheung-wai LAW (Hong Kong)</p> <p>Physical Therapy in Aging Spine - Muscle , Bone and Disc Mr. William Wai-lam WONG (Hong Kong)</p> <p>MSK Ultrasound Dynamic Assessment & Coaching for Cores Muscles Training Dr. Carina LI (Hong Kong)</p> <p>Montparnasse IV-VI</p>	<p>Concurrent Session 3: Lower Limb Pain in Sports Injury Calf and Ankle Pain</p> <p>Sports Injuries in the Calf, Ankle and Foot Dr. James LINKLATER (Australia), Dr. George PITSIS (Australia)</p> <p><i>* With Live-demonstration in Sportsman with Pathologists</i></p> <p>Luxembourg I (Theatre:60)</p>
11:30 - 13:00	<p>Lunch – Lunch Symposium (Sponsored) Regal Court</p>		
13:00 - 14:30	<p>Plenary Lecture 2: Town Hall Debates: Non-surgical Approaches of Keen Pain Management</p> <p>Non-Surgical Treatment of Chronic Knee OA : MRI Diagnosis , Low Dose Steroid Injection, and It's Predictors Dr. Sang-hoon LEE (Korea)</p>		

	<p>Ultrasound-guided Diagnosis and Intervention for Painful Knees: Sonoanatomy Revisited Dr. Ke-vin CHANG (Taiwan)</p> <p>Radiofrequency Ablation of the Knee Dr. Philip PENG (Canada)</p> <p>Versailles I & II</p>		
14:30 - 15:00	<p>Coffee Break & Exhibition Foyer & Luxembourg II-III</p>		
15:00 - 16:30	<p>Concurrent Session 4: MSK US Lower Limb – Cases Discussion & Interactive Session</p> <p>Ankle Pain Dr. David BONG (Spain)</p> <p>A case of severe calf soft tissues sport injury Dr. Carina LI & Dr. Lisa Wong (Hong Kong)</p> <p>Vascular Pain Cases Dr. Vascular surgeon (Hong Kong)</p> <p>Versailles I & II</p>	<p>Concurrent Session 5: Sports Science and Pain</p> <p>Lower limb pain Stretch exercise and Foam Roller Use Ms. Ka-kit LIU (Hong Kong)</p> <p>Heart Rate Monitoring for training (certified heart rate coaches) Speaker: To be announced</p> <p>Yoga and Pain Dr. Penelope SHAM (Hong Kong)</p> <p>Montparnasse IV-VI</p>	<p>Concurrent Session 6: Cancer Pain Management in Spine Metastasis – Multidisciplinary Approach</p> <p>Spine Intervention: MISS in treatment of Spinal Metastasis Dr. Koon-man SIEH (Hong Kong)</p> <p>Radiological interventions: Cementoplasty , vertebroplasty and Radiofrequency Dr. Eric Kar Chai Law (Hong Kong)</p> <p>Oncology : role of Radiotherapy in Management of Spinal metastasis Dr. Mui- Ming Yeung (Hong Kong)</p> <p>Pain Interventions in Different Spine Metastasis Pain Prof. Dong-eon MOON (Korea)</p> <p>Luxembourg I (Theatre:60)</p>
16:45 – 18:00	<p>Painful Experience of Everest Summit 2018 Mr. Wai-kin WONG (Hong Kong)</p> <p>Luxembourg I (Theatre:60)</p>		
18:30 -20:30	<p>Congress Dinner (Venue: TBC)</p>		

* Programme is subject to change without prior notice.

Main Congress and Master Class - Head to Toe Scan – 2 December 2018 (Sunday)

Venue: Regal Kowloon Hotel

Time	Programme			
/	Wing Chun Programme (07:30 – 08:30) Mody Road Garden		Mindfulness Yoga (07:30 – 08:30) Luxembourg I	
08:30 - 09:00	Registration			
09:00 - 10:30	Plenary Lecture 3: Osteoarthritis and Chronic pain Osteoarthritis – Is It an Inflammatory Problem? Dr. Gavin Ka-wing LEE (Hong Kong) Bowen Therapy for Osteoarthritis Ms. Mary CHU (Hong Kong) Update of Pathophysiology in Chronic Pain after Acute Injury & Preemptive Treatment Dr. Philippe MACAIRE (Vietnam) Versailles I			
10:30 - 11:00	Coffee Break			
11:00 - 12:30	Concurrent Session 7: MSK US Neck Pain – Cases Discussion & Interactive Session Inflammatory Neck Pain Dr. Carmen HO (Hong Kong) Topic: To be announced Dr. Sang-hoon LEE (Korea) US and/or Fluroscopic-guided Intervention for Neck Pain Prof. Dong-eon MOON (Korea) Versailles I & II	Workshop (A): Nutrition Workshop Topic: Analysis of different Nutritional regime for muscles and Joints with trace elements. (Include concepts of different slimming regime, collagen production , bone density etc) Ms. Sally POON (Hong Kong) Luxembourg I	Workshop (B): Spasticity Management WS: from Paediatric to Adult Hemifacial Spasm Management Dr. Windsor MAK (Hong Kong) Upper Limb Spasticity in Paediatrics Dr. Chun-hung KO (Hong Kong) Management of Spasticity of Lower Limb after Stroke Prof. Leonard LI (Hong Kong) Montparnasse IV-VI	Workshop (C): Pose Method Running (10:30 – 12:30) Running Gait Analysis with Exercise Drills Mr. Wai-kin WONG and Pose Specialists Team (Hong Kong) Tsim Sha Tsui Promenade
12:30 - 13:30	Lunch (for Hands on Master Class MSKUSPM Participants) volunteer model with pathologies			
13:30 - 15:00	Master Class - Head to Toe Scan #: (8 stations, 2 rotations) Montparnasse IV-VI			
15:00 - 15:30	Coffee Break			

15:30 - 17:00

Master Class - Head to Toe Scan #: 8 stations (8 stations, 2 rotations) (continued)**Montparnasse IV-VI**# **Master Class - Head to Toe Scan** (Volunteers with Real Pathologies) *Maximum to choose 4 stations*

Station	Instructors
1. Cervical Nerve Roots and Brachial Plexus & Common Entrapment Sites	Dr. Ke-vin CHANG (Taiwan), Dr. Sang-hoon LEE (Korea)
2. Shoulder and Related Nerve	Dr. Ryan LEE (Hong Kong) Dr. Rajesh SINGH (Malaysia)
3. Elbow and Wrist	Dr. Andrew WAI (Hong Kong) Dr. Carrel YU (Hong Kong)
4. Truncal Pain - Thoracic Spinal, ESB, Paravertebral, TAP, Intercostal Nerve	Dr. Carina LI (Hong Kong) Dr. Philippe MACAIRE (Vietnam) Dr. Sasikaan NIMMAANRAT (Thailand)
5. Hip and Perineal Pain (Posterior Hip) - Sacral Nerve Root, Pudendal Nerve, Piriformis	Dr. Tony NG (Hong Kong), Dr. Philip PENG (Canada)
6. Lumbar Plexus, Facets and Sacroiliac Joint	Dr. Chih-peng LIN (Taiwan), Prof. Dong-eon MOON (Korea)
7. Knee Dynamic Assessment	Dr. Carmen HO (Hong Kong), Prof. Ingrid MÖLLER (Spain), Dr. George PITSIS (Australia)
8. Foot, Ankle and Calf Basic	Dr. David BONG (Spain), Dr. James LINKLATER (Australia)

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