

Scientific Programme Main Congress (1 December 2018, Saturday)

Venue: Regal Kowloon Hotel

Time	Programme		
07:00 – 07:45	<p>Tai Chi Programme Dr. Philip PENG (Canada) <i>Urban Council Centenary Garden</i></p>		
07:30 – 08:00	<p>Registration <i>Versailles I & II Foyer, 3/F</i></p>		
08:00 – 08:10	<p>Opening Speeches Prof. Chak-sing LAU President, Hong Kong Academy of Medicine Dr. Carina Ching-fan LI Chairperson, Organizing Committee, MSK US PM 2018; President, Multidisciplinary International Association of Musculoskeletal Pain <i>Versailles I & II, 3/F</i></p>		
08:10 – 09:30	<p>Plenary Lecture 1: MSK US Applications and Cutting Edge Technology <i>Chairperson: Dr. Carmen Tze-kwan HO (Hong Kong)</i> Visualize Fascia with Ultrasound Prof. Ingrid MÖLLER (Spain) MSK US Cutting Edge Technologies Prof. Yong-ping ZHENG (Hong Kong) <i>Versailles I & II, 3/F</i></p>		
09:30 – 10:00	<p>Coffee Break & Exhibition <i>Versailles I & II Foyer & Luxembourg II-III, 3/F</i></p>		
10:00 – 11:30	<p>Concurrent Session 1: MSK US Upper Limb – Cases Discussion & Interactive Session <i>Chairperson: Dr. Anthony NJO (Hong Kong)</i> Shoulder Pain Dr. Rajesh SINGH (Malaysia) Wrist Pain Dr. Andrew WAI (Hong Kong) Gentleman with Atypical Elbow Pain with Arthritis Dr. Gavin Ka-wing LEE (Hong Kong) <i>Luxembourg I, 3/F</i></p>	<p>Concurrent Session 2: Back Pain – Dynamic Scan and Active Rehabilitation <i>Chairperson: Dr. Tsz Kin KWOK (Hong Kong)</i> Sagittal Alignment of Spine - Pain, Disability and Instability Dr. Sheung-wai LAW (Hong Kong) Physical Therapy in Aging Spine - Muscle, Bone and Disc Mr. William Wai-lam WONG (Hong Kong) MSK Ultrasound Dynamic Assessment & Coaching for Cores Muscles Training Dr. Carina Ching-fan LI (Hong Kong) <i>Montparnasse IV-VI, 2/F</i></p>	<p>Concurrent Session 3: Lower Limb Pain in Sports Injury Calf and Ankle Pain <i>Chairperson: Dr. Philippe MACAIRE (Vietnam)</i> Sports Injuries in the Calf, Ankle and Foot Dr. James LINKLATER (Australia), Dr. George PITSIS (Australia) <i>* With Live-demonstration in Sportsman with Pathologists</i> <i>Versailles I & II, 3/F</i></p>
11:30 – 13:00	<p>Lunch Symposium (Sponsored by Novartis) <i>Chairperson: Dr. Carina Ching-fan LI (Hong Kong)</i> Advances in Management of Inflammatory Pain: Psoriatic Arthritis and Gouty Arthritis Dr. Gavin Ka-wing LEE (Hong Kong), Dr. Tak-hin CHAN (Hong Kong) <i>Regal Court, 2/F</i></p>		

Scientific Programme Main Congress (1 December 2018, Saturday)

13:00 – 14:30	<p>Plenary Lecture 2: Town Hall Debates: Non-surgical Approaches of Knee Pain Management <i>Chairpersons: Dr. Sean LIN (Taiwan), Dr. Rajesh SIGNH (Malaysia)</i></p> <p>MRI Role in Non-surgical Approaches of Knee OA Pain Management Dr. Sang-hoon LEE (Korea)</p> <p>Ultrasound-guided Diagnosis and Intervention for Painful Knees: Sonoanatomy Revisited Dr. Ke-vin CHANG (Taiwan)</p> <p>Radiofrequency Ablation of the Knee Dr. Philip PENG (Canada)</p> <p><i>Versailles I & II, 3/F</i></p>		
14:30 – 15:00	<p>Coffee Break & Exhibition <i>Versailles I & II Foyer & Luxembourg II-III, 3/F</i></p>		
15:00 – 16:30	<p>Concurrent Session 4: MSK US Lower Limb – Cases Discussion & Interactive Session <i>Chairperson: Dr. James LINKLATER (Australia)</i></p> <p>Ankle Pain Dr. David BONG (Spain)</p> <p>A Case of Severe Calf Soft Tissues Sport Injury Dr. Carina Ching-fan LI (Hong Kong)</p> <p>Dynamic Ultrasound for Distal Ankle Tibiofibular Syndesmosis Dr. Renaud GUIU (Vietnam)</p> <p><i>Versailles I & II, 3/F</i></p>	<p>Concurrent Session 5: Sports Science and Pain <i>Chairpersons: Dr Peggy LI (Hong Kong), Dr. Sasikaan NIMMAANRAT (Thailand)</i></p> <p>Nutrition for Sports Performance Ms. Sally POON (Hong Kong)</p> <p>Foam Roller Mr. Ka-kit LIU (Hong Kong)</p> <p>Yoga and Pain Dr. Penelope SHAM (Hong Kong)</p> <p><i>Montparnasse IV-VI, 2/F</i></p>	<p>Concurrent Session 6: Cancer Pain Management in Spine Metastasis – Multidisciplinary Approach <i>Chairpersons: Dr. Derek Ping-hong WONG (Hong Kong), Dr. Yvonne YAU (Hong Kong)</i></p> <p>Role of Radiotherapy in Management of Spinal Metastasis Dr. Eva Wui- ming YEUNG (Hong Kong)</p> <p>Radiological Interventions: Cementoplasty , Vertebroplasty and Radiofrequency Dr. Eric Ka-chai LAW (Hong Kong)</p> <p>Spine Intervention –Minimally Invasive Spine Surgery (MISS) in Treatment of Spinal Metastasis Dr. Koon-man SIEH (Hong Kong)</p> <p>Non-Surgical Intervention for the Lumbar Radicular Pain and Spinal Canal Stenosis Prof. Dong-eon MOON (Korea)</p> <p><i>Luxembourg I, 3/F</i></p>
16:30 – 18:00	<p>Plenary Lecture 3: <i>Chairpersons: Dr. Gavin Ka-wing LEE (Hong Kong), Dr. George PITSIS (Australia)</i></p> <p>Advance in Minimal Spinal pain Interventions for Radicular Pain Prof. Sang-chul LEE (Korea)</p> <p>Clinical Management of Climbers Pain Dr. Carina Ching-fan LI (Hong Kong)</p> <p>Pain Patient Experience of Climb Mt. Everest Summited 2018 <i>(Sponsored by: DOXA)</i> Mr. Wai-kin WONG (Hong Kong)</p> <p><i>Luxembourg I, 3/F</i></p>		
19:00 – 21:00	<p>Congress Dinner <i>Cucina, Marco Polo Hongkong Hotel</i></p>		



Scientific Programme

Main Congress and Master Class (2 December 2018, Sunday)

Venue: Regal Kowloon Hotel

Time	Programme		
	<p>Wing Chun (07:30 – 08:30) Wing Chun Ip Chun Academy (Hong Kong) <i>Urban Council Centenary Garden</i></p>	<p>Mindfulness Yoga (08:00 – 08:40) Dr. Penelope SHAM (Hong Kong) <i>Luxembourg I, 3/F</i></p>	
08:30 – 09:00	Registration		<i>Versailles I & II Foyer, 3/F</i>
09:00 – 10:30	<p>Plenary Lecture 4: Osteoarthritis and Chronic Pain <i>Chairpersons: Dr. Steven WONG (Hong Kong), Dr. Lizu XIAO (China)</i></p> <p>Osteoarthritis – Is It an Inflammatory Problem? Dr. Gavin Ka-wing LEE (Hong Kong)</p> <p>Bowen Therapy for Osteoarthritis Ms. Mary CHU (Hong Kong)</p> <p>Update of Pathophysiology of Chronic Pain after Acute Injury & Preemptive Treatment Dr. Philippe MACAIRE (Vietnam)</p> <p>New Frontiers in the Management of Post-op Pain (Multimodal Analgesia) <i>(Sponsored by A. Menarini)</i> Prof. Antonio MONTERO (Spain)</p> <p><i>Versailles I & II, 3/F</i></p>		
10:30 – 11:00	Coffee Break & Exhibition		<i>Versailles I & II Foyer & Luxembourg II-III, 3/F</i>
11:00 – 12:30	<p>Concurrent Session 7: MSK US Neck Pain – Cases Discussion & Interactive Session <i>Chairperson: Dr. George PITSIS (Australia)</i></p> <p>Neck Pain from Rheumatologist's Perspective Dr. Carmen Tze-kwan HO (Hong Kong)</p> <p>MRI Role in Chronic Spinal Pain Dr. Sang-hoon LEE (Korea)</p> <p>US and/or Fluoroscopic-Guided Intervention for Neck Pain Prof. Dong-eon MOON (Korea)</p> <p><i>Versailles I & II, 3/F</i></p>	<p>Workshop (B): Spasticity Management WS: from Paediatric to Adult <i>Chairperson: Dr Yuk-fai CHEUNG (Hong Kong)</i></p> <p>Hemifacial Spasm Management Dr. Windsor MAK (Hong Kong)</p> <p>Upper Limb Spasticity in Paediatrics Dr. Chun-hung KO (Hong Kong)</p> <p>Management of Spasticity of Lower Limb after Stroke Prof. Leonard LI (Hong Kong)</p> <p><i>Luxembourg I, 3/F</i></p>	<p>Workshop (C): Pose Method Running (10:30 – 12:30)</p> <p>Running Gait Analysis with Exercise Drills Mr. Wai-kin WONG and Pose Specialist Team (Hong Kong)</p> <p><i>Urban Council Centenary Garden</i></p>

Scientific Programme

Main Congress and Master Class (2 December 2018, Sunday)

12:30 – 12:40	Closing Speech Dr. Carina Ching-fan LI <i>Chairperson, Organizing Committee, MSK US PM 2018; President, Multidisciplinary International Association of Musculoskeletal Pain Versailles I & II, 3/F</i>
12:40 – 13:30	Lunch (for Master Class - Head to Toe Scan Instructors and Participants) <i>Café Allegro, Basement 1/F</i>
13:30 – 15:00	Master Class - Head to Toe Scan #: (8 stations, 2 rotations) <i>Montparnasse IV-VI, 2/F</i>
15:00 – 15:30	Coffee Break (for Master Class - Head to Toe Scan Instructors and Participants) <i>Foyer, Montparnasse IV-VI, 2/F</i>
15:30 – 17:00	Master Class - Head to Toe Scan #: (8 stations, 2 rotations) (continued) <i>Montparnasse IV-VI, 2/F</i>

Master Class - Head to Toe Scan (Volunteers with Real Pathologies)

Stations	Instructors
1. Cervical Nerve Roots and Brachial Plexus & Common Entrapment Sites	Dr. Ke-vin CHANG (Taiwan) Dr. Sang-hoon LEE (Korea)
2. Shoulder and Related Nerve	Dr. Ryan LEE (Hong Kong) Dr. Rajesh SINGH (Malaysia)
3. Elbow and Wrist	Dr. Andrew WAI (Hong Kong) Dr. Carrel YU (Hong Kong)
4. Truncal Pain - Thoracic Spinal, ESB, Paravertebral, TAP, Intercostal Nerve	Dr. Carina LI (Hong Kong) Dr. Philippe MACAIRE (Vietnam) Dr. Sasikaan NIMMAANRAT (Thailand)
5. Hip and Perineal Pain (Posterior Hip) - Sacral Nerve Root, Pudendal Nerve, Piriformis	Dr. Tony NG (Hong Kong) Dr. Philip PENG (Canada)
6. Lumbar Plexus, Facets and Sacroiliac Joint	Dr. Chih-peng LIN (Taiwan) Prof. Dong-eon MOON (Korea)
7. Knee Dynamic Assessment	Prof. Ingrid MÖLLER (Spain) Dr. George PITSIS (Australia)
8. Foot, Ankle and Calf Basic	Dr. David BONG (Spain) Dr. Renaud GUIU (Vietnam) Dr. James LINKLATER (Australia)

* Programme is subject to change without prior notice.