

# Scientific Programme Pre-congress Courses (30 November 2018, Friday)

Pre-Congress Course A: Refresher Course in RA PM MSK		Pre-Congress Course B: Cadaveric Sonoanatomy Workshop	
Venue: QR404, Wing QR (Choi Kai Yu Building), The Hong Kong Polytechnic University		Venue: 9 & 10/F, Laboratory Block, The Hong Kong Jockey Club Clinical Research Centre, The University of Hong Kong, 21 Sassoon Road, Pokfulam, Hong Kong (Lectures: 9/F; Workshops: 10/F)	
09:00 – 10:30	<b>Basic Ultrasoundography and Clinical Application I – for beginners and allied health</b>  <b>Ultrasound Imaging Basics</b> Dr. Michael YING (Hong Kong)	09:00 – 09:25	<b>Lecture 1: Ankle Anatomy Made Easy</b> Dr. David BONG (Spain)
		09:25 – 09:50	<b>Lecture 2: Wrist Pain Outside the Synovial Joint</b> Dr. Andrew WAI (Hong Kong)
10:30 – 11:00	Coffee Break	09:50 – 10:10	Coffee Break
11:00 – 12:00	<b>Basic Ultrasoundography and Clinical Application II in Musculoskeletal Medicine- Elastance and Update Assessments</b>  <b>Ultrasound Elasticity Imaging and 3D Imaging</b> Prof . Yong-ping ZHENG (Hong Kong)	10:10 – 12:15	<b>Workshop 1 * (3 Rotations)</b> S1 Hip Anatomy and Scanning S2 Ankle Anatomy and Scanning S3 Upper Limb Anatomy and Scanning S4 Spine Anatomy and Scanning S5 Upper Limb: Brachial Plexus and Nerves Lower Limb: Nerve to Lower Limbs S6 Ultrasound Guided Interventions: Injections, Synovial or any Tissue Biopsy, Suprascapular Nerve Block
12:00 – 12:30	<b>Clinical MSK Ultrasound Imaging and Doppler</b> Dr. Gavin Ka-wing LEE (Hong Kong)		
12:30 – 13:30	Lunch	12:15 – 13:45	Lunch
13:30 – 14:00	<b>US Regional Anaesthesia and Nerve Blocks in Pain Medicine I</b>  <b>Headache and Neck – GON/TON/ Cervical Plexus &amp; Nerve Root</b> Dr. Sang-hoon LEE (Korea)	13:45 – 14:10	<b>Lecture 3: Hip Pain Not from the Hip</b> Prof. Ingrid MÖLLER (Spain)
14:00 – 14:30	<b>Cervical Spine &amp; Facets Intervention Techniques - Neck and Shoulder Pain (include RFA)</b> Dr. Chih-peng LIN (Taiwan)		
14:30 – 15:00	<b>MSK-US Upper Limb – Shoulder, Elbow, Wrist and related Nerves</b> Dr. Ke-vin CHANG (Taiwan)		
15:00 – 15:30	Coffee Break	14:10 – 14:30	Coffee Break

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	<b>US Regional Anaesthesia and Nerve Blocks in Pain Medicine II</b>	14:30 – 16:45	<b>Workshop 2 * (3 Rotations)</b> S1 Hip Anatomy and Scanning S2 Ankle Anatomy and Scanning S3 Upper Limb Anatomy and Scanning S4 Spine Anatomy and Scanning S5 Upper Limb: Brachial Plexus and Nerves Lower Limb: Nerve to Lower Limbs S6 Ultrasound Guided Interventions: Injections, Synovial or any Tissue Biopsy, Suprascapular Nerve Block
15:30 – 16:00	<b>MSK-US - Lower Limb Nerves Tracking</b> Dr. Ke-vin CHANG (Taiwan)		
16:00 – 16:30	<b>Lumbosacral Spine –Lumbar Facets , SIJ/ QL/TAP/ Iliacus Psoas for Back Pain</b> Dr. Chih-peng LIN (Taiwan)		
16:30 – 17:00	<b>Erector Spinae Plane Block in Chronic Thoracic Pain and Acute Lumbar Pain</b> Dr. Philippe MACAIRE (Vietnam)		
19:30 –	<b>Faculty Dinner (by Invitation)</b>		

\* List of Stations for Hands-on Cadaveric Sessions

	Stations	Instructors
S1	Hip Anatomy and Scanning	Dr. Ingrid MOLLER (Spain), Dr. Stella WONG (Hong Kong)
S2	Ankle Anatomy and Scanning	Dr. David BONG (Spain), Dr. CHTO (Hong Kong)
S3	Upper Limb Anatomy and Scanning	Dr. Rajesh SINGH (Malaysia), Dr. Carrel YU (Hong Kong)
S4	Spine Anatomy and Scanning	Prof. Dong-eon MOON (Korea) , Dr. Koon-man SIEH (Hong Kong)
S5	Upper Limb: Brachial Plexus and Nerves Lower Limb: Nerve to Lower Limbs	A/Prof. Jackie HO (Singapore), Dr. Philip PENG (Canada)
S6	Ultrasound Guided Interventions: Injections, Synovial or any Tissue Biopsy, Suprascapular Nerve Block	Dr. Andrew WAI (Hong Kong), Dr. Priscilla WONG (Hong Kong)