

Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management (MSK US PM) 2018

30 November – 2 December 2018 • Hong Kong

When Clinicians Meet Scientists

Preliminary Scientific Programme

(As of 30 August 2018)

Pre-congress Courses – 30 November 2018 (Friday)

Pre-Congress Course A: Refresher Course in RA PM MSK (Beginner and Basic) Venue: The Hong Kong Polytechnic University		Pre-Congress Course B: Cadaveric Sonoanatomy Workshop (Intermediate and Advance) Venue: Surgical Skills Centre, the University of Hong Kong	
09:00 – 10:30	Basic Ultrasounography and Clinical Application I – for beginners and allied health	09:00 – 09:25	Lecture 1: Ankle Anatomy Made Easy <i>Dr. David BONG</i>
		09:25 – 09:50	Lecture 2: Wrist Pain Outside the Synovial Joint <i>Dr. Andrew WAI (Hong Kong)</i>
10:30 – 11:00	Coffee Break	09:50 – 10:10	Coffee Break
11:00 – 12:30	Ultrasounography and Clinical Application II in Musculoskeletal Medicine- Elastance and Update Assessments	10:10– 12:15	Workshop 1 * (3 Rotations)
12:30 – 13:30	Lunch	12:15 – 13:45	Lunch
13:30 – 15:00	Refresher Course -US Regional Anaesthesia and Nerve Blocks in Pain Medicine – GON/ TON / Cervical Spine/ UL	13:45 – 14:10	Lecture 3: Hip Pain Not from the Hip <i>Prof. Ingrid MÖLLER (Spain)</i>
15:00 – 15:30	Coffee Break	14:10 – 14:30	Coffee Break
15:30 – 17:00	Refresher Course - US Regional Anaesthesia and Nerve Blocks in Pain Medicine – Lower Limb/ Lumbosacral Spine	14:30 – 16:45	Workshop 2 * (3 Rotations)
19:00 –	Faculty Dinner (by Invitation)		

* List of Stations for Hands-on Cadaveric Sessions (6 participants per Station)

	Topics	Instructors
S1	Hip/Ant Knee anatomy and scanning	Dr. Ingrid MOLLER (Spain), Dr. CH TO (Hong Kong), Dr. Catherine YUEN (Hong Kong)
S2	Post Knee/Ankle Anatomy and Scanning	Dr. David BONG, Dr. Stella WONG (Hong Kong), Dr. Carrel YU (Hong Kong)
S3	Upper Limb Anatomy and Scanning	Dr. Rajesh SINGH (Malaysia), Dr. Gavin Ka-wing LEE (Hong Kong)
S4	Spine Anatomy and Scanning	Prof. Dong-eon MOON (Korea) , Dr. Koon-man SIEH (Hong Kong)
S5	Neurovascular Systems	A/Prof. Jackie HO (Singapore), Dr. Philip PENG (Canada)
S6	Ultrasound guided Interventions: injections, synovial or any tissue biopsy, suprascapular nerve block	Dr. Carmen HO (Hong Kong), Dr. Priscilla WONG (Hong Kong)

Main Congress – 1 December 2018 (Saturday)

Venue: Regal Kowloon Hotel

Time	Programme		
07:00 – 07:45	<p style="text-align: center;">Tai Chi Programme Mody Road Garden</p>		
07:30 - 08:00	<p style="text-align: center;">Registration</p>		
08:00 – 09:30	<p>Plenary Lecture 1: MSK US Applications and Cutting Edge Technology <i>(Prof. Yong-ping ZHENG, PolyU)</i></p> <p>Visualize Fascia with Ultrasound Prof. Ingrid MÖLLER (Spain)</p> <p>Versailles I & II</p>		
09:30 - 10:00	<p style="text-align: center;">Coffee Break & Exhibition Foyer & Luxembourg II-III</p>		
10:00 - 11:30	<p>Concurrent Session 1: MSK US Upper Limb – Cases Discussion & Interactive Session</p> <p>Topic: To be advised Dr. Rajesh SINGH (Malaysia)</p> <p>Topic: To be advised Dr. Andrew WAI (Hong Kong)</p> <p>Elbow Dr. Gavin Ka-wing LEE (Hong Kong)</p> <p>Versailles I & II</p>	<p>Concurrent Session 2: Back Pain – Dynamic scan and Active Rehabilitation (Scientist updates)</p> <p>Topic: To be advised Dr. Carina LI (Hong Kong)</p> <p>Montparnasse IV-VI</p>	<p>Concurrent Session 3: Lower Limb Pain in Sports Injury Calf and Ankle Pain</p> <p>Topic: To be advised Dr. James LINKLATER (Australia)</p> <p>Luxembourg I (Theatre:60)</p>
11:30 - 13:00	<p>Lunch Symposium (sponsored) Regal Court</p>		
13:00 - 14:30	<p>Plenary Lecture 2: Town Hall Debates: Non-surgical Approaches of Keen Pain Management</p> <p>Topic: To be advised Dr. Philip PENG (Canada)</p> <p>Topic: To be advised Dr. Sang-hoon LEE (Korea)</p> <p>Topic: To be advised Dr. Ke-vin CHANG (Taiwan)</p> <p>Versailles I & II</p>		

14:30 - 15:00	Coffee Break & Exhibition		
	Foyer & Luxembourg II-III		
15:00 - 16:30	<p>Concurrent Session 4: MSK US Lower Limb – Cases Discussion & Interactive Session</p> <p>Ankle Pain Dr. David BONG</p> <p>Knee & Calf Pain Dr. Carina LI (Hong Kong)</p> <p>Vascular Pain Cases A/Prof. Jackie HO (Singapore)</p> <p>Versailles I & II</p>	<p>Concurrent Session 5: (Scientist Updates) Sports Medicine – What Is New ? Multidisciplinary Program</p> <p>Montparnasse IV-VI</p>	<p>Concurrent Session 6: Back Pain and Spine Interventions</p> <p>Spine Inventions Dr. Koon-man SIEH (Hong Kong)</p> <p>Topic: To be advised Prof. Dong-eon MOON (Korea)</p> <p>Luxembourg I (Theatre:60)</p>
16:45 – 18:00	<p>Painful experience of Everest Summit 2018 Mr. Wai-kin WONG Luxembourg I (Theatre:60)</p>	<p>Foam Roller Class Ms. Ka-kit LIU Venue: TBC</p>	
18:30 -20:30	Congress Dinner (Venue: TBC)		

* Programme is subject to change without prior notice.

Main Congress and Master Class - Head to Toe Scan – 2 December 2018 (Sunday)

Venue: Regal Kowloon Hotel

Time	Programme			
/	Wing Chun Programme (07:30 – 08:30) Mody Road Garden		Mindfulness Yoga (07:00 – 08:30) Luxembourg I (Theatre:60)	
08:30 - 09:00	Registration			
09:00 - 10:30	Plenary Lecture 3: 1. Joint Pain beyond the Joint 2. MSK Inflammation vs Biomechanics Versailles I			
10:30 - 11:00	Coffee Break			
11:00 - 12:30	Concurrent Session 7: MSK US Neck Pain – Cases Discussion & Interactive Session Topic: To be advised Dr. Carmen Tze-kwan HO (Hong Kong) Topic: To be advised Dr. Sang-hoon LEE (Korea) US and/or Fluroscopic-guided Intervention for Neck Pain Prof. Dong-eon MOON (Korea) Versailles I & II	Workshop (A): Sports Nutrition Workshop Topic: To be advised Sally POON (Hong Kong) Luxembourg I	Workshop (B): Spasticity Management WS: from Paediatric to Adult Hemifacial Spasm Management Dr. Windsor MAK (Hong Kong) Upper Limb Spasticity in Paediatrics Dr. Chun-hung KO (Hong Kong) Lower Limb Spasticity in Stroke Prof. Leonard LI (Hong Kong) Montparnasse IV-VI	Workshop (C): Pose Method Running (10:30 – 12:30) Mr. Wai-kin WONG and Pose Specialist Team (HK) Tsim Sha Tsui Promenade
12:30 - 13:30	Lunch (for Hands on Master Class MSKUSPM Participants) volunteer model with pathologies			
13:30 - 15:00	Master Class - Head to Toe Scan #: 8 stations Montparnasse IV-VI			
15:00 - 15:30	Coffee Break			
15:30 - 17:00	Master Class - Head to Toe Scan #: 8 stations (continued) Montparnasse IV-VI			

Master Class - Head to Toe Scan (Volunteers with Real Pathologies) *Maximum to choose 4 stations*

Station	Instructors
1. Cervical Nerve Roots and Brachial Plexus & Common Entrapment Sites	Dr. Sang-hoon LEE (Korea)
2. Shoulder and Related Nerve	Dr. Rajesh SINGH (Malaysia)
3. Elbow and Wrist	Dr. Andrew WAI, Dr. Gavin LEE (Hong Kong)

4.	Truncal Pain - Thoracic Spinal, ESB, Paravertebral, TAP, Intercostal Nerve	Dr. Carina LI (Hong Kong)
5.	Hip and Perineal Pain (Posterior Hip) - Sacral Nerve Root, Pudendal Nerve, Piriformis	Dr. Philip PENG (Canada)
6.	Lumbar Plexus, Facets and Sacroiliac Joint	Prof. Dong-eon MOON (Korea)
7.	Knee Dynamic Assessment	Prof. Ingrid MÖLLER (Spain), Dr. Ryan LEE (Hong Kong)
8.	Foot and Ankle Basic	Dr. David BONG, Dr. James LINKLATER (Australia)

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