

# Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management (MSK US PM) 2017

## 19 – 21 May 2017 • Hong Kong

[www.miamask.org](http://www.miamask.org)



### International Faculty

Professor Rainer Freynhagen (Germany)  
Dr. Peter Hebbard (Australia)  
Dr. Jackie Ho (Singapore)  
Dr. Sang-hoon Lee (Korea)  
Dr. Philip Lim (Australia)  
Dr. Sean Lin (Taiwan)  
Dr. James Linklater (Australia)  
Dr. Philippe MaCaire (Dubai)  
Dr. Dong-eon Moon (Korea)  
Dr. Samer Narouze (USA)  
Dr. Sasikaan Nimmaanrat (Thailand)  
Dr. Philip Peng (Canada)  
Dr. Nicholas Romanov (USA)  
Mr. Severin Romanov (USA)  
Dr. Maria Dolma Santos (Philippines)  
Dr. Rajesh Singh (Malaysia)  
Dr. Carla Stecco (Italy)  
Dr. Suwimon Tangwiwat (Thailand)  
Dr. Shibata Yasuyuki (Japan)  
Dr. Alex Yeo (Singapore)

### Local Faculty

Dr. Lap-ki Chan (Hong Kong)  
Dr. Wing-sang Chan (Hong Kong)  
Dr. Kwong-yuen Chiu (Hong Kong)  
Dr. Carmen Ho (Hong Kong)  
Dr. Tai-pang Ip (Hong Kong)  
Dr. Wing-hon Kwok (Hong Kong)  
Dr. Sheung-wai Law (Hong Kong)  
Dr. Gavin Lee (Hong Kong)  
Dr. Carina Li (Hong Kong)  
Dr. Koon-man Sieh (Hong Kong)  
Dr. Andrew Wai (Hong Kong)  
Dr. Carrel Yu (Hong Kong)  
Professor Patrick Yung (Hong Kong)

*Many more distinguished speakers to follow...*

### Congress Venue

**Hong Kong Convention  
and Exhibition Centre**  
1 Expo Drive, Wanchai,  
Hong Kong

### Enquiry

Congress Secretariat  
MIMS (Hong Kong) Limited  
Tel: (852) 2155 8557 or 2116 4348  
E-mail: [meeting.hk@mims.com](mailto:meeting.hk@mims.com)

Cadaveric Sonoanatomy Workshop

Masterclass Hands-on Workshop with  
Head to Toe Scan on Pathologies

Clinical Pearls Sharing

Mixed Pain Cases Discussions

MSK Pain Assessment Guidelines

Town Hall Debate on OA Knee

**REGISTER  
NOW!**



Cutting edge clinical pearls congress for Anaesthesiologists, Pain / Rehabilitation Physicians,  
Surgeons, Rheumatologists, Neurologists, Orthopaedic Surgeons,  
Sports Physicians & Allied Health Professionals

Organizer:

Supporting Organizations:



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## REGISTRATION FORM

Please complete the form below and return it with appropriate payment to the Congress Secretariat:

**MIMS (Hong Kong) Limited**

**27/F., OTB Building, 160 Gloucester Road**

**Wanchai, Hong Kong**

**Tel: (852) 2155 8557 Fax: (852) 2559 6910 Email: [meeting.hk@mims.com](mailto:meeting.hk@mims.com)**

### PERSONAL DETAILS *(Please type or print in block letters and "✓" where appropriate)*

|  |  |                                    |                              |                              |                              |
|--|--|------------------------------------|------------------------------|------------------------------|------------------------------|
| Title:   |  | <input type="checkbox"/> Professor | <input type="checkbox"/> Dr. | <input type="checkbox"/> Mr. | <input type="checkbox"/> Ms. |
| First name:  |  |                                    | Last name:                   |                              |                              |
| Job title:   |  |                                    | Specialty:                   |                              |                              |
| Department / Hospital:   |  |                                    |                              |                              |                              |
| Organization:  |  |                                    |                              |                              |                              |
| Address:   |  |                                    |                              |                              |                              |
|  |  |                                    | Country:                     |                              |                              |
| Tel: (    )  |  | Mobile: (    )                     |                              | Fax: (    )                  |                              |
|  |  |                                    |                              | E-mail:                      |                              |
| Special meal request: <input type="checkbox"/> Vegetarian <input type="checkbox"/> Others, please specify: |  |                                    |                              |                              |                              |

### A) CONGRESS REGISTRATION

| Registration Category  | Member* of HKSMP and IASP<br>(HKPS, MASP, TPS) and Supporting<br>Organizations**<br><small>(HKARM/HKGS/HKIMM/HKNS/HKPA/HKSMS/<br/>HKSR/HKSSH/KMA/PAS/PSP/TASP/ThaiSRA)</small>  |   | Non-member                                      |   | Trainee / Student <sup>#</sup> / Nurse /<br>Allied Health Professionals |
|--|---|---|---|---|---|
|  | Early Bird<br><i>(16 April 2017)</i>  | Normal  | Early Bird<br><i>(16 April 2017)</i>            | Normal  | Special Rate  |
| Pre-congress Cadaveric<br>Sonoanatomy Workshop (19 May)                          | <input type="checkbox"/> US\$500 / HK\$4,000  |   |   |   |   |
| Pre-congress Refresher Course<br>(19 May)  | <input type="checkbox"/> US\$150 / HK\$1,200  |   | <input type="checkbox"/> US\$200 / HK\$1,600    |   | <input type="checkbox"/> US\$150 / HK\$1,200                            |
| Congress Registration<br>(20 – 21 May)   | <input type="checkbox"/> US\$100 /<br>HK\$800   | <input type="checkbox"/> US\$150 /<br>HK\$1,200 | <input type="checkbox"/> US\$130 /<br>HK\$1,000 | <input type="checkbox"/> US\$200 /<br>HK\$1,600 | <input type="checkbox"/> US\$80 / HK\$600                               |
| Please indicate your membership:   | <input type="checkbox"/> IASP chapter (HKPS, MASP, TPS)<br><input type="checkbox"/> HKARM <input type="checkbox"/> HKSMP <input type="checkbox"/> HKGS <input type="checkbox"/> HKIMM <input type="checkbox"/> HKNS <input type="checkbox"/> HKPA <input type="checkbox"/> HKSMS<br><input type="checkbox"/> HKSR <input type="checkbox"/> HKSSH <input type="checkbox"/> KMA <input type="checkbox"/> PAS <input type="checkbox"/> PSP <input type="checkbox"/> TASP <input type="checkbox"/> Thai SRA |   |   |   |   |
| Congress Package:<br>Congress Registration and Master<br>Class (A) (20 – 21 May) | <input type="checkbox"/> US\$250 / HK\$2,000  |   |   |   |   |

### Pre-congress Cadaveric Workshop

(Choose **Four** stations from CW1 – 6, 40 minutes for each station. Limited to 6 participants each station)

|                          |  |                          |   |
|--------------------------|--|--------------------------|---|
| <input type="checkbox"/> | CW1: MSK Upper Limb I: Shoulder & Related Nerve                    | <input type="checkbox"/> | CW4: MSK Lower Limb I: Hip & Related Muscles (Piriformis, Gluteal etc.) |
| <input type="checkbox"/> | CW2: MSK Upper Limb II: Elbow, Wrist and Hand                      | <input type="checkbox"/> | CW5: MSK Lower Limb II: Knee  |
| <input type="checkbox"/> | CW3: Spine & SIJ: Lumbar Spine, Sacral Foramen, Sacral Iliac Joint | <input type="checkbox"/> | CW6: MSK Lower Limb III: Foot, Ankle and Related Nerves                 |

### B) WORKSHOPS *(Limited to 25 participants for each Workshop)*

|   |                                 |  |
|---|---------------------------------|--|
| <b>Workshop (A): Running Gait Analysis</b>                                  | (11:00 - 12:30 on 20 May (Sat)) | <input type="checkbox"/> US\$80 / HK\$600  |
| <b>Workshop (B): Simulation in Local Anaesthetic Toxicity</b>               | (16:00 - 17:30 on 20 May (Sat)) | <input type="checkbox"/> US\$80 / HK\$600  |
| <b>Workshop (I): Ultrasound Guided Knee Injection</b>                       | (11:00 - 12:30 on 21 May (Sun)) | <input type="checkbox"/> US\$100 / HK\$800 |
| <b>Workshop (C): Botulinum Toxin Injection for the Limbs</b>                | (11:00 - 12:30 on 21 May (Sun)) | <input type="checkbox"/> US\$100 / HK\$800 |
| <b>Workshop (M): Mirror Therapy Workshop</b>                                | (11:00 - 12:30 on 21 May (Sun)) | <input type="checkbox"/> US\$50 / HK\$400  |
| <b>Workshop (D): Botulinum Toxin Injection for the Head and Neck Region</b> | (14:00 - 15:30 on 21 May (Sun)) | <input type="checkbox"/> US\$100 / HK\$800 |

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**C) MASTER CLASS ON 21 MAY (SUN)**

(40 minutes for each station. Limited to 6 participants each station)

| Registration Category  | Delegate Registered with Congress Package   | Member* of HKSMP and IASP/Supporting Organizations**/Trainee/Student/Nurse/Allied Health Professional | Non-member                                   |
|--|---|---|--|
| <b>Master Class (A) Head to Toe Scan at 14:00-15:30</b><br><b>Chosen stations:</b> <input type="checkbox"/> <input type="checkbox"/><br>(Choose <b>Two</b> stations from MC1 – 12) | <input type="checkbox"/> Included   | <input type="checkbox"/> US\$150 / HK\$1,200  | <input type="checkbox"/> US\$200 / HK\$1,600 |
| <b>Master Class (B) Head to Toe Scan at 16:00-17:30</b><br><b>Chosen stations:</b> <input type="checkbox"/> <input type="checkbox"/><br>(Choose <b>Two</b> stations from MC1 – 12) |   | <input type="checkbox"/> US\$150 / HK\$1,200  | <input type="checkbox"/> US\$200 / HK\$1,600 |
| MC1: Cervicogenic Headache: Greater Occipital Nerve, Cervical Spine and Facets Joint   | MC7: Hand and Wrist (Finger and Synovium)   |   |  |
| MC2: Medial Branch Cervical Facets Nerve, Stellate Ganglion, Long Thoracic Nerve   | MC8: Truncal Pain - Thoracic Spinal, Paravertebral, Intercostal Nerve                 |   |  |
| MC3: Cervical Nerve Roots and Brachial Plexus  | MC9: Sciatica and Perineal Pain - Sacral Nerve Root, Pudendal Nerve, Piriformis       |   |  |
| MC4: Shoulder: Suprascapular Nerve, Dorsal Scapular nerve, Shoulder Basic  | MC10: Sacroiliac Joint, Hip and Thigh Pain (TFL/ITB and Hamstring) Dynamic Assessment |   |  |
| MC5: Shoulder Dynamic Scan with Pathologies  | MC11: Knee Dynamic Assessment   |   |  |
| MC6: Elbow and Related Nerve   | MC12: Foot and Ankle Basic  |   |  |

**D) SOCIAL EVENTS**

| Registration Category                                      | Registered Delegate                        | Accompanying Person   |
|--|--|---|
| <b>Tai Chi Programme at 07:45-08:30 on 20 May</b>          | <input type="checkbox"/> US\$15 / HK\$100  | US\$15 / HK\$100 x <input type="checkbox"/> Accompanying Person(s)    |
| <b>Gala Dinner at 18:30 on 20 May</b>                      | <input type="checkbox"/> US\$100 / HK\$800 | US\$150 / HK\$1,200 x <input type="checkbox"/> Accompanying Person(s) |
| <b>Pose Method Running Drills at 07:30-08:20 on 21 May</b> | <input type="checkbox"/> US\$15 / HK\$100  | US\$15 / HK\$100 x <input type="checkbox"/> Accompanying Person(s)    |

\* Member: Hong Kong Society of Musculoskeletal Pain (HKSMP) and The International Association for the Study of Pain (IASP) Chapter (Hong Kong Pain Society (HKPS), Malaysian Association for the Study of Pain (MASP), Taiwan Pain Society (TPS)) can enjoy the member rates.  
 \*\* Supporting Organizations: Hong Kong Association of Rehabilitation Medicine (HKARM), The Hong Kong Geriatrics Society (HKGS), The Hong Kong Institute Of Musculoskeletal Medicine (HKIMM), The Hong Kong Neurological Society (HKNS), Hong Kong Physiotherapy Association (HKPA), Hong Kong Spasticity Management Society (HKSMS), Hong Kong Society of Rheumatology (HKSRI), Hong Kong Society for Surgery of The Hand (HKSSH), Koran Multidisciplinary Association of Musculoskeletal Pain (KMA), The Pain Association of Singapore (PAS), Pain Society of the Philippines (PSP), Thai Association for the Study of Pain (TASP) and Thai Society of Regional Anaesthesia (Thai SRA).  
 # Copy of student card is required.

**REMARKS:**

- Participants **MUST** register for the congress in order to join the workshops, refresher course, master class and social events. There are limited seats for the workshops and social events. Each registrant should complete a separate registration form. Registration form without payment will NOT be processed. Please do NOT send cash.
- Registration fee included coffee breaks, lunch and lecture materials on the registered days.
- Congress Secretariat will send a letter of confirmation upon receipt of your registration form and full payment. Kindly check the letter of confirmation. Any changes or alterations must be made in writing to the Congress Secretariat.
- On-site registration is NOT encouraged. Meeting materials may NOT be provided to on-site registrants if the meeting is over-subscribed.
- All cancellations must be made in writing to the Congress Secretariat and the refund will be made after the meeting subject to the following deadline: On or before 15 April 2017 - 50% of the registration fee; After 15 April 2017 - No refund of paid registration fee
- The programme is subject to change without prior notice. In the event of cancellation of the meeting, the only liability of the Organizers is to refund all the fees paid.
- All personal information collected will solely use for registration and communication purpose.

**PAYMENT**

**By Cheque / Bank Draft (in HKD):**

Payment must be made payable to **“MIMS (Hong Kong) Limited T/A Congress & CME”** and sent to Congress Secretariat.

Name of the Banker: \_\_\_\_\_

Cheque/Bank Draft Number: \_\_\_\_\_

**By Bank Transfer:** (Please ensure that the name of participant and meeting is stated on the bank transfer)

**Account holder's Name:** MIMS (Hong Kong) Limited T/A Congress & CME  
**Bank Name:** The Hong Kong & Shanghai Banking Corporation Limited  
**Bank Address:** 1 Queen's Road, Central, Hong Kong  
**Account No.:** 511-054801-002  
**Swift code:** HSBCHKHHHKH  
**Reference\*:** Participant Name, Meeting Name (i.e. Dr. John Wong, MSKUSPM 2017)

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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**Pre-congress Course (I): Refresher Course**

**Date:** 19 May 2017 (Fri)

**Venue:** Level 2, Phase I (Old Wing), Hong Kong Convention and Exhibition Centre (HKCEC), 1 Expo Drive, Wanchai, Hong Kong

|             |  |
|-------------|--|
| 13:00-13:30 | Registration   |
| 13:30-15:30 | <b>Room S221</b><br><b>Multidisciplinary Musculoskeletal and Nerve</b><br><b>Chairs: Philippe Macaire and Petchara Sundarathiti</b><br><br><b>1: Upper Limb: Brachial Plexus – Interscalene , Supra &amp; Infraclavicular, Axillary Block and Others</b><br>Suwimon Tangwiwat (Anaesthesiologist, Thailand)<br><br><b>2: Lower Limb: Psoas Compartment, Quadratus Lumborum Block, Transgluteal Sciatic Block and Adductor Canal Block</b><br>Philippe Macaire (Anaesthesiologist, Dubai)<br><br><b>3: Thoracic (Anterior and Posterior): PVB and Other Thoracic Blocks (PEC, Serratus, Thoracic N)</b><br>Shibata Yasuyuki (Anaesthesiologist and Pain specialist, Japan)<br><br><b>4: TAP, Ilioinguinal, Iliohypogastric, Femoral, LCNT, Obturator Nerve Block</b><br>Peter Herbbard (Anaesthesiologist, Australia) |
| 15:30-16:00 | Coffee Break   |
| 16:00-17:50 | <b>Pain Interventions</b><br><b>Chairs: Philip Peng and Sasikaan Nimmaanrat</b><br><br><b>1: Headache / Neck / Upper Limb Radicular Pain</b><br>Samer Narouze (Anaesthesiologist and Pain Specialist, USA)<br><br><b>2: Gluteal / Hip / Pelvic Pain</b><br>Philip Peng (Anaesthesiologist and Pain Specialist, Canada)<br><br><b>3: Back and Sacral Pain (Lumbar QL, Facets MBB, SI Joint, Sacral Transforaminal, Caudal, Sarco-coccygeal Joint, Ganglion Impar)</b><br>Sean Lin (Taiwan)  |

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**Pre-congress Course (II): Cadaveric Sonoanatomy Workshop**

**Date:** 19 May 2017 (Fri)

**Venue:** The Orthopaedic Learning Centre (OLC), North Wing, Li Ka Shing Specialist Clinics, Prince of Wales Hospital, Shatin, N. T., Hong Kong

**Chairman:** Dr. Sheung-wai Law (Hong Kong)

|               |  |
|---------------|--|
| 08:30-09:00   | Registration   |
| 09:00-10:20   | <b>Seminar Room, 1/F., The Orthopaedic Learning Centre (OLC)</b><br><b>MSK Hands-on Ultrasound &amp; Pain Workshop: Lectures</b><br><b>Chair: Rajesh Singh</b><br><b>1: US Application in MSK Pain and Orthopedic</b><br>Rajesh Singh (Orthopaedic Surgeon, Malaysia)<br><br><b>2: Shoulder – a Challenging Joint</b><br>Andrew Wai (MSK Radiologist, Hong Kong)<br><br><b>3: Elbow, Wrist and Hand</b><br>Gavin Lee (Rheumatologist, Hong Kong) |
| 10:20-10:40   | Coffee Break   |
| 10:40 – 12:00 | <b>MSK Hands-on Ultrasound &amp; Pain Workshop: Lectures</b><br><b>Chair: Carmen Ho</b><br><b>1: Lumbar Spine, Sacral Foramen, Sacral Iliac Joint</b><br>Dong-eon Moon (Anaesthesiologist & Pain Specialist, Korea)<br><br><b>2: MSK Hip, Thigh and Knee</b><br>Andrew Wai (MSK Radiologist, Hong Kong)<br><br><b>3: Foot Ankle and Related Nerves</b><br>James Linklater (MSK Radiologist, Australia)   |
| 12:00-13:00   | Lunch Break  |
| 13:00-14:30   | <b>Cadaver Laboratory, 1/F., The Orthopaedic Learning Centre (OLC)</b><br><b>MSK Hands-on Ultrasound and Cadaveric Workshop: Hands-on Session (I)</b><br><b>(Choose 2 stations from A1 – A6, 40 minutes for each station)</b>  |
| 14:30-15:00   | Coffee Break   |
| 15:00 – 16:50 | <b>MSK Hands-on Ultrasound and Cadaveric Workshop: Hands-on Session (II) and Dissections</b><br><b>(Choose 2 stations from A1 – A6, 40 minutes for each station)</b>   |

| Station | Topic  | Instructor                                      |
|---------|--|---|
| A1      | MSK Upper Limb I: Shoulder and Related Nerve   | Carmen Ho and Rajesh Singh*                     |
| A2      | MSK Upper Limb II: Elbow, Wrist and Hand   | Chi-hung Yen*, Gavin Lee and                    |
| A3      | Spine & SIJ: Lumbar Spine, Sacral Foramen and Sacral Iliac Joint                     | Timothy Brake, Dong-eon Moon and Koon-man Sieh* |
| A4      | MSK Lower Limb I: Hip and Related Muscles (Piriformis, Pudendal Nerve, Gluteal etc.) | Sang-hoon Lee, Tony Ng                          |
| A5      | MSK Lower Limb II: Knee  | Andrew Wai                                      |
| A6      | MSK Lower Limb III: Foot, Ankle and Related Nerves                                   | Jackie Ho* and James Linklater                  |
| ---     | Phantom Station and Cadaver Anatomy Illustrations                                    | -----   |

\*Cadaveric Dissections

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**Programme (Day 1)**

**Date: 20 May 2017 (Sat)**

**Venue: Level 2, Phase I (Old Wing), Hong Kong Convention and Exhibition Centre (HKCEC), 1 Expo Drive, Wanchai, Hong Kong**

|             |   |   |  |  |
|-------------|---|---|--|--|
| 07:45-08:30 | <b>Tai Chi Practice</b> (Golden Bauhinia Square, G/F., Phase 2, HKCEC)<br>Timothy Brake (Hong Kong), Philip Peng (Canada)   |   |  |  |
| 08:45-09:00 | Registration  |   |  |  |
| 09:00-09:10 | <b>Room S221</b>  |   |  |  |
|             | Opening Remarks   |   |  |  |
| 09:10-10:40 | <b>Plenary Lectures</b><br><b>Chairs: Carina Li and Philip Peng</b><br><br><b>1: Ergonomic in MSK Pain and Sports Training</b><br>Nicholas Romanov (USA)<br><b>2: Differentiating Neuropathic pain from Nociceptive Pain</b><br>Rainer Freynhagen (Germany)<br><b>3: Unilateral Headache but Not Migraine</b><br>Samer Narouze (USA)  |   |  |  |
| 10:40-11:00 | Coffee Break  |   |  |  |
| 11:00-12:30 | <b>Room S221</b><br><br><b>Musculoskeletal Ultrasound and Pain Management (I): Upper Limb</b><br>(Problem-based Learning Discussion with Differential Diagnosis)<br>(Lecture followed by Live Exam Demo)<br><br><b>Chairs: Sasikaan Nimmaanrat and Rajesh Singh</b><br><br><b>1: Shoulder Pain</b><br>Philip Lim (Australia)<br><br><b>2: Elbow Pain</b><br>Rajesh Singh (Malaysia)<br><br><b>3: Wrist / Hand Pain</b><br>Carmen Ho (Hong Kong)   | <b>Room S224-225</b><br><br><b>Spasticity and Hypertonia Management</b><br><b>Chair: Kuen Lam</b><br><br><b>1: Overview of Neurolysis : Essential Pharmacology and Physiology</b><br>Sean Lin (Taiwan)<br><br><b>2: Scientific Data for Chemical Neurolysis in Spasticity Management</b><br>Kuen Lam (Hong Kong)<br><br><b>3: The Role of Fasciae in Proprioception and Myofascial Pain</b><br>Carla Stecco (Italy) | <b>Room S226-227</b><br><br><b>Hip Pain and Its Management</b><br><b>Chair: Philip Peng</b><br><br><b>1: Posterior Hip Pain – Deep Gluteal Syndrome</b><br>Philip Peng (Canada)<br><br><b>2: Hip Pain in Older Adults</b><br>Sheung-tung Ho (Hong Kong)<br><br><b>3: Pearls for Imaging Studies of Hip</b><br>Andrew Wai (Hong Kong)<br><br><b>4: Hip Joint Injection and Denervation: Case Discussion</b><br>Wing-sang Chan (Hong Kong) | <b>Room S228</b><br><br><b>Workshop (A): Running Gait Analysis</b><br><b>Chair: Tony Ng</b><br><br><b>Running Gait Analysis</b><br>Nicholas Romanov (USA)<br><br>Severin Romanov (USA) |
| 12:30-13:30 | Luncheon Symposium  |   |  |  |
| 13:45-15:40 | <b>Room S221</b>  |   |  |  |
|             | <b>Town Hall Debate Discussions (Multidisciplinary)</b><br><b>Chairs: Rainer Freynhagen and Alex Yeo</b><br><br><b>OA Knee – Common but Challenging Problem</b><br><br><b>1: Review of the Status of Imaging Osteoarthritis</b><br>James Linklater (Australia)<br><b>2: What International Guidelines Say about Management of OA Knee</b><br>Carmen Ho (Hong Kong)<br><b>3: Scientific Evidence for PRP/ HA / Dextrose in OA Knee</b><br>Philippe Macaire (Dubai)<br><b>4: Joint Replacement for OA Knee – When and What to Offer</b><br>Peter Chiu (Hong Kong) |   |  |  |
| 15:40-16:00 | Coffee Break  |   |  |  |



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**Programme (Day 1)**

**Date:** 20 May 2017 (Sat)

**Venue:** Level 2, Phase I (Old Wing), Hong Kong Convention and Exhibition Centre (HKCEC), 1 Expo Drive, Wanchai, Hong Kong

| 16:00-17:30 | Room S221   | Room S224-225   | Room S226-227   | Room S228  |
|-------------|---|---|---|--|
|             | <p align="center"><b>Musculoskeletal Ultrasound and Pain Management (II): Lower Limb</b><br/>                     (Problem-based Learning Discussion with Differential Diagnosis)<br/>                     (Lecture followed by Live Exam Demo)</p> <p align="center"><b>Chairs: Sheung-wai Law and Ryan Lee</b></p> <p><b>1: Back / Sacroiliac Joint Pain</b><br/>Koon-man Sieh (Hong Kong)</p> <p><b>2: Groin Pain Hip / Knee Pain</b><br/>Philip Peng (Canada)</p> <p><b>3: Foot / Ankle / Runner Pain</b><br/>James Linklater (Australia)</p> | <p align="center"><b>Knee Pain in Different Age Groups</b><br/> <b>Chair: Carmen Ho</b></p> <p><b>1: Knee Pain and Biomechanics in Child</b><br/>Wang Chow (Hong Kong)</p> <p><b>2: When Crystals Go into Your Knee</b><br/>Carrel Yu (Hong Kong)</p> <p><b>3: Painful Knee in Runners - The Facts and The Fictions!</b><br/>Patrick Yung (Hong Kong)</p> <p><b>4: Practical Management of Knee Pain in Sportsman – Physiotherapist Perspective</b><br/>Kate Yung (Hong Kong)</p> | <p align="center"><b>Nutrition Supplement in MSK Conditions</b><br/> <b>Chair: Gavin Lee</b></p> <p><b>1: Vitamin D - Beyond Osteoporosis</b><br/>Gavin Lee (Hong Kong)</p> <p><b>2: Dietary Management for Osteoarthritis</b><br/>Sally Poon (Hong Kong)</p> <p><b>3: The Calcium Controversies</b><br/>Tai-pang Ip (Hong Kong)</p> <p><b>4: Dietary Manipulation for Hyperuricaemia</b><br/>Joyce Lam (Hong Kong)</p> | <p align="center"><b>Workshop (B): Simulation in Local Anaesthetic Toxicity</b><br/> <b>Chair: Anthony Njo</b></p> <p align="center"><b>Simulation in Local Anaesthetic Toxicity</b><br/>Timothy Brake (Hong Kong)</p> |
| 18:30-21:00 | Gala Dinner   |   |   |  |

**Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management (MSK US PM) 2017**  
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**Programme (Day 2)**

**Date: 21 May 2017 (Sun)**

**Venue: Level 2, Phase I (Old Wing), Hong Kong Convention and Exhibition Centre (HKCEC), 1 Expo Drive, Wanchai, Hong Kong**

|             |  |   |  |   |  |
|-------------|--|---|--|---|--|
| 07:30-08:20 | <b>Pose Method Running Drills</b> (Victoria Harbour Front, Golden Bauhinia Square, G/F., Phase 2, HKCEC)<br>Carina Li (Hong Kong) and Pose Method Running Coaches  |   |  |   |  |
| 08:45-09:00 | Registration   |   |  |   |  |
| 09:00-11:00 | <b>Room S221</b>   |   |  |   |  |
|             | <b>Plenary Lectures (Tendon, Hand and Wrist)</b><br><b>Chairs: Sang-hoon Lee and Rajesh Singh</b><br><br><b>1: Overview MSK Imaging and Pain - Tendon, Tendonitis, Tenosynovitis and Fasciitis</b><br>James Linklater (Australia)<br><b>2: Tendon Pathology in Hand and Wrist – Rheumatologist Perspective</b><br>Gavin Lee (Hong Kong)<br><b>3: What behind Carpal Tunnel Syndrome</b><br>Rajesh Singh (Malaysia)<br><b>4: Sonographic Features of Carpal Tunnel Syndrome and Novel Treatment Technique</b><br>Peter Hebbard (Australia)<br><b>5. Role of Fasciae in Tendinopathy</b><br>Carla Stecco (Italy) |   |  |   |  |
| 11:00-11:30 | Coffee Break   |   |  |   |  |
| 11:30-13:00 | <b>Room S221</b>   | <b>Room S224-225</b>  | <b>Room S226-227</b>   | <b>Room S228</b>  | <b>Room S229</b>   |
|             | <b>Musculoskeletal Ultrasound and Pain Management (III): Head and Neck</b><br>(Problem-based Learning Discussion with Differential Diagnosis)<br><b>Chairs: Doris Leung and Carrel Yu</b><br><br><b>1. Cases Sharing on Neck and Arm Pain</b><br><b>*Cervical roots US</b><br>Live scan demo<br>Sang-hoon Lee (Korea)<br><br><b>2. A Clinical Case of Headache for Discussion</b><br>Samer Narouze (USA)   | <b>Shoulder in Different Settings</b><br><b>Chair: Carmen Ho</b><br><br><b>1: Evolution of Shoulder Anatomy - Historical</b><br>Lap-ki Chan (Hong Kong)<br><br><b>2: Painful Shoulder in Sport Medicine</b><br>Chun-kwong Lo (Hong Kong)<br><br><b>3: Xray, USG and MRI – what to Choose</b><br>Andrew Wai (Hong Kong)<br><br><b>4: Supraspinatus Tear – Operate or not to Operate</b><br>Francis Lam (Hong Kong) | <b>Workshop (I): Ultrasound Guided Knee Injection</b><br><b>Chair: Ryan Lee</b><br><br><b>Workshop cover:</b><br>knee joint, fat pad, patellar tendon, quadriceps tendon, SMB bursal, pes anserine bursal injections, ACL ganglion aspiration and injection, botulinum toxin injections for PAES, superior tibio-fibular joint ganglion aspirations<br><br>James Linklater (Australia) | <b>Workshop (C): Botulinum Toxin Injection for the Limbs</b><br><b>Chair: Kuen Lam</b><br><br><b>1: Cross-sectional Ultrasound Anatomy Upper Limb</b><br>Wing-hong Kwok (Hong Kong)<br><br><b>2: Botulinum Toxin Injection for Limbs-cases Series</b><br>Leonard Li (Hong Kong) | <b>Workshop (M): Mirror Therapy Workshop</b><br><br><b>Mirror Therapy</b><br>Edward Chan (Hong Kong) |
| 13:00-14:00 | Lunch Break  |   |  |   |  |
| 14:00-15:30 | <b>Room S221</b>   | <b>Room S224-225</b>  | <b>Room S226-227</b>   | <b>Room S228</b>  |  |
|             |  | <b>Master Class (A) - Head to Toe Scan (Volunteers with Real Pathologies)</b><br><br>2 stations rotation  | <b>Master Class (A) - Head to Toe Scan (Volunteers with Real Pathologies)</b><br><br>2 stations rotation   | <b>Workshop (D): Botulinum Toxin Injection for the Head and Neck Region</b><br><b>Chair: Anthony Njo</b><br><br><b>Cover Botulinum Toxin Indication for Headaches, Cervical Dystonia, Torticollis and Thoracic Outlet Syndrome</b><br>Samer Narouze (USA)                       |  |
| 15:30-16:00 | Coffee Break   |   |  |   |  |



**Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management (MSK US PM) 2017**  
**19 – 21 May 2017 • Hong Kong**

**Programme (Day 2)**

**Date:** 21 May 2017 (Sun)

**Venue:** Level 2, Phase I (Old Wing), Hong Kong Convention and Exhibition Centre (HKCEC), 1 Expo Drive, Wanchai, Hong Kong

|             |           |  |  |           |
|-------------|-----------|--|--|-----------|
| 16:00-17:30 | Room S221 | Room S224-225  | Room S226-227  | Room S228 |
|             |           | Master Class (B) - Head to Toe Scan (Volunteers with Real Pathologies) | Master Class (B) - Head to Toe Scan (Volunteers with Real Pathologies) |           |
|             |           | 2 stations rotation  | 2 stations rotation  |           |

**Master Class - Head to Toe Scan (Volunteers with Real Pathologies)**

1. Cervicogenic Headache: Greater Occipital Nerve, Cervical Spine and Facets, TM Joint
2. Medial Branch Cervical Facets Nerve, Stellate Ganglion, Long Thoracic Nerve
3. Cervical nerve roots and Brachial Plexus
4. Shoulder I : Suprascapular Nerve, Dorsal Scapular nerve , Shoulder Basic
5. Shoulder II : Dynamic Scan with Pathologies
6. Elbow and related Nerve
7. Hand and wrist (Finger and Synovium)
8. Truncal Pain - Thoracic Spinal, Paravertebral, PEC, Intercostal Nerve
9. Sciatica and Perineal Pain - Sacral Nerve Root, Pudendal Nerve, Piriformis
10. Sacroiliac joint, Hip and Thigh Pain (TFL/ITB and Hamstring) Dynamic Assessment
11. Knee Dynamic Assessment
12. Foot and Ankle Basic

**For Master Class A: maximum to choose 2 stations**

**For Master Class B: maximum to choose 2 stations**