



Division of Pain Medicine, Department of Anaesthesiology,
Hong Kong Sanatorium & Hospital

4TH

MULTIDISCIPLINARY MUSCULOSKELETAL ULTRASOUND SYMPOSIUM ON PAIN MANAGEMENT (MSK US PM) 2013

Day 1
6

6th Dec 2013 (Friday)

| Breakfast with Exhibitors: 07:15am | | | | |
|---|--|--|---|------------------------------|
| Time | Topics | | Speakers | |
| 07:15 – 08:15 | Breakfast with Exhibitors and Registration | | | |
| 08:15 – 08:25 | Welcome Speech | | Dr. Chan, Joseph | |
| Session A | Musculoskeletal US | | Chairman : Dr. Kwok WH | |
| 08:25 – 09:05 | Sonomyography: Dynamic and Quantitative Evaluation of Muscle Function | | Prof. Zheng, Yongping | |
| 09:05 – 09:25 | Basic Ultrasonography for MSK Pathology | | Dr. Wong, Lisa | |
| 09:25 – 09:45 | The Peripheral Nerve Block : The Paraneural Target | | Dr. Macaire, Philippe | |
| 09:45 – 10:05 | MSK US use in Orthopaedic Perspective : How US change the practice | | Dr. Singh, Rajesh | |
| 10:05 – 10:30 | Q&A (5 min) Tea Break (20 min) | | | |
| Session B | Multidisciplinary Tendinopathy Seminar Chairman : Dr. Li, Carina | | US Regional Anaesthesia and Pain Interventions Chairman : Dr. Hui, Grace | |
| 10:30 – 12:30 | Anatomy, Pathologies and Diagnostic Radiology | Dr. Linklater, James | US Peripheral Nerves Upper Limbs Lower Limbs | Dr. Kwok WH Dr. Shahridan |
| | Assessment and Treatment | Dr. Pitsis, George Ms Bewcyk, Maria | US Spinal Anatomy & Facets LBP and Treatment Options | Prof. Moon |
| | Patients Demonstration – Lower Limb-Thigh / Knee Pain and Foot Pain | | US Sacral and Coccyx , SIJ Ganglion Lmpar RFA and Lytic Procedure | Dr. Sean Lin |
| | Q&A | | | |
| Session C | Ultrasound Workshop / Pfizer Multidisciplinary Pain Management Seminar MPDM | | | |
| 14:00 – 15:30 | Workshop-MSK Upper Limb Pain PBLD : Exam and US scan | | MD Problem-Based Learning Case Discussions | |
| | Dr. Singh, Rajesh Dr. Clark. Thomas | | Prof. Samer Narouze (Head and Neck Pain) Dr. Yeo, Alex (Difficult Pain Patient) Dr. Arun (Oro - Facial Pain) Dr. Carmen Ho (Cases Series of use of US in Rehabilitation) | |
| | Q&A (5 min) Tea Break (20 min) | | | |
| Parallel Ultrasound Workshops - Basic and MSK | | | | |
| 15:30 – 17:30 | Hands On US Workshop – Basic US (WS A) | | US Workshop – MSK (WS LL) | |
| | Station 1 Phantom Stations with Needling Technique Dr. Koo, Emily | | Lower Limb Pain PBLD : Exam and US scan (WS LL) | |
| | Station 2 Identify Vascular Structure Dr. Kwok WH | | US Workshop – MSK (WS LBP) Low Back Pain Cores Muscles Assessment & Training | |
| | Station 3 Identify Nerves (UL / LL & Vessels) Dr. Shahridan Mohd Fathil / Dr. Lin Sean | | Dr. Yeung Yeung Dr. Pitsis, George | |
| | Station 4 Identify MSK Pathologies Dr. Singh, Rajesh / Dr. Linklater, James | | Prof. Amy Fu Ms Bewcyk, Maria | |
| 17:30 – 18:30 | Hospital Tour 1 18:30-19:00 (Prior booking) | | Opening Ceremony Cocktail with Exhibitors (Free) | |
| 19:00 | Faculty Dinner (by invitation) | | | |

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Day 2

7

7th Dec 2013 (Saturday)

| Breakfast with Exhibitors: 07:15am | | |
|--|---|---|
| Time | Topics | Speakers |
| 07:15 – 08:15 | Breakfast with Exhibitors and Registration | |
| Session D | MSK US – Debate Use of US VS other Image Modalities in Diagnosis | Chairman : Dr. Hui, Grace |
| | For Team | Against Team |
| 08:30 – 08:55 | Joints and Limbs Pain & Pathologies Dr. Singh, Rajesh | Foot and Ankle small joints Pain & Pathologies Dr. Yeung Yeung |
| 08:55 – 09:20 | Rheumatological Pathologies Scoring Dr. Lee, Gavin Dr. Ho, Carmen | Electromyographic study for Neuropathic Pain Dr. Chow, Alex |
| 09:20 – 09:45 | Facets Joint Pathologies Prof. Narouze, Samer | Chronic Pain Syndrome Dr. Yeo, Alex |
| 09:45 – 10:05 | Conclusions | |
| 10:05 – 10:30 | Team Questions (8 minutes each Team) | |
| | Cast Vote (9 minutes) | |
| 10:30 – 11:00 | Q&A (10 min) Tea Break (20 min) | |
| Session E | US for Pain Intervention – Debate Use of US VS other Image Modalities in Pain Interventions | Chairman : Dr. Brake, Timothy |
| | For Team | Against Team |
| 11:00 – 11:25 | Prof. Narouze, Samer (Head and Neck Pain) | Dr. Arun Kumar Bhaskar (TGG, SPG Interventions) |
| 11:25 – 11:50 | Dr. Lee Sang Hoon (Treatment for Cervical Radicular Pain) | Dr. Yeo Alex (Referred Pain, Visceral Pain) |
| 11:50 – 12:15 | Dr. Li, Carina (Myofascial Pain) | Prof. Moon (Spinal Stenosis, Failed back Surgery - Epidural Lysis /SCS) |
| 12:15 – 12:30 | Team Questions and Conclusion (5 minutes each Team) | |
| | Cast Vote (5 minutes) | |
| 12:30 – 13:30 | Q&A (10 min) Lunch Break (50 min) | |
| Session F | Clinical Applications & Demonstrations | Chairman : Dr. Choi, Regina/Kwok, WH |
| 13:30 – 13:50 | PRP Injection : How does it work? | Dr. Macaire, Philippe |
| Live Demonstrations Real time Scanning Diagnostic Technique on Real pathologies & Live Demonstrations Injection Techniques (LA / Steroid / PRP) | | |
| 13:50 – 14:10 | Greater Occipital Nerve & Cervical Facets Joint | Prof. Nauroze, Samer |
| 14:10 – 14:20 | Cervical Roots and SG | Dr. Lee, SH |
| 14:20 – 14:30 | Brachial Plexus and SCN | Dr. Macaire, Philippe |
| 14:30 – 15:25 | Pain Procedure Demonstrations Dr. Li , Carina / Overseas Faculty | |
| 15:25 – 15:40 | Finger and Joints | Dr. Lee, Gavin |
| 15:40 – 16:10 | Q&A (10 min) Tea Break (20 min) | |
| 16:10 – 16:20 | Pain Procedure Demonstrations Dr. Li , Carina/ Overseas Faculty | |
| 16:20 – 16:30 | Shoulder | Dr. Clark, Thomas |
| 16:30 – 16:40 | Elbow & Wrist | Dr. Singh, Rajesh |
| 16:40 – 17:00 | SIJ, Piriformis, Hip | Dr. Clark, Thomas |
| 17:00 – 17:15 | Knee | Dr. Clark, Thomas |
| 17:15 – 17:30 | Foot and Ankle | Dr. Yeung, Yeung |
| 17:30 – 17:50 | Q&A (10 min) Closing remarks | |
| 17:50 – 18:20 | Hospital Tour 2 (Prior booking) | |
| 18:30 | Shuttle Coach to Dinner Venue | |
| 19:00 – 22:00 | Gala Dinner & Ceremony | |

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| | | |
|---|------------------------------------|---|
| Day 3 8 8 th Dec 2013 (Sunday) | Breakfast with Exhibitors: 07:15am | |
| | Time | Topics |
| | 08:15 – 09:00 | Breakfast with Exhibitors and Registration |
| | 09:00 – 11:00 | Hands On Ultrasound Workshop MSK US PM (WS B) |
| | 11:00 – 11:30 | Q&A (10 min) Tea Break (20 min) |
| | 11:30 – 13:30 | Hands On Ultrasound Workshop MSK US PM (WS C) |

6 Dec 2013 (Fri) Hands on Basic US (WS A) 15:30-17:30

| Station No. | Topic |
|-------------|--|
| Station 1 | Phantom stations with needling techniques |
| Station 2 | Identify Vascular structure – Neck / Femoral artery / Vein |
| Station 3 | Identify Nerves & Vessels – Forearm and Ankle : Median, Ulnar Nerve, Tibial Nerve |
| Station 4 | Identify Pathologies – Ganglion, Inflammation, Joint degeneration and Tendonopathy |

8 Dec 2013 (Sun) Hands on Workshops MSK PM (WS B, C) 2 hrs each Musculoskeletal and related nerves / Pain Management Stations (Volunteers with pathologies)

| | | |
|-----------|---------------------|--|
| Station 1 | Head and Neck I | Occipital Nerve, Cervical Spine and Facets |
| Station 2 | Head and Neck II | Brachial Plexus, Cervical Nerve Root, Stellate Ganglion |
| Station 3 | MSK Upper Limb I | Shoulder and Suprascapular Nerve |
| Station 4 | MSK Upper Limb II | Elbow, Wrist, Hand & Related Nerves |
| Station 5 | Truncal Block I | Paravertebral block, Intercostal nerve block, TAP |
| Station 6 | Spine | Lumbar Facets, Epidural & Caudal, Sacral foramen |
| Station 7 | MSK Lower Limb I | Sacral iliac joints, Hip, Piriformis muscle, Sciatic nerve |
| Station 8 | MSK Lower Limb II | Knee |
| Station 9 | MSK Lower limbs III | Foot and Ankle and related Nerves |

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